Between Earth and Sky

Turnkey}

girl scouts
of northeastern new york
Table of Contents

Between Earth and Sky                        Page 3
What is included in this Turnkey            Page 4
Tips for Series                            Page 4
Sample Sessions                            Page 4
Don’t have a whole weekend                 Page 13
Appendix
   Links to additional resources           

Between Earth and Sky

Daisies take a road trip with their flower friends to explore some of the world’s greatest landscapes and learn to love and respect the natural world around them.

What Girl Scout Daisies Can Earn During this Journey...

3 Leadership Awards (Please note they will not complete the Journey nor earn all the awards during this weekend program).

- **The Blue Bucket Award**- Daisies become aware of their feelings and the feelings of those around them.

- **The Firefly Award**- Daisies develop their skills and then choose a skill they will educate and inspire others about to realize the impact that they can have on those around them.

- **The Clover Award**- Daisies team up to protect a natural treasure in their region.
This Turnkey Model Includes:

- One weekend journey-based series outline for Daisies that focuses on the aspects of the *Between Earth and Sky*
- List of materials
- Tips for utilizing the series

**Discover + Connect + Take Action = Leadership**

The weekend series outlined below takes girls on a journey where they will practice Girl Scouting’s three keys to leadership. Use the series outlined in this model along with the corresponding Adult Facilitator Guide and Girl Journey books. During the series, each girl will:

- **Discover** her values and views about the world.
- **Connect** with others to expand her networks and strengthen team building skills.
- **Take Action** to begin to identify and solve problems in their community, inspires others to act and become empowered to make a difference in the world.

**Tips for this Series**

1. This series will work best if each girl has her own book so she can explore the issues and develop her own interests.

2. The adult facilitator guide contains everything that leaders need to make the journey come alive for the girls, including helpful examples, tips, and suggestions to guide leaders. Leaders should familiarize themselves with the materials and feel free to customize activities as the girls make it clear where their interests lie.

3. To find experts to help inspire the girls and location to host your sessions, leaders are encouraged to, work with the resources available in the community.

4. If there is an expert that could really inspire the girls but she is not available for an in-person meeting, leaders can, use technology to link her with the girls. A conference call, video chat, or instant message exchange can be used with the girls. She doesn’t necessarily have to be in the room to help inspire the girls.

5. Leaders are encouraged to use the resources that are easily accessible in your local area. Consider asking the local community college, library, community center, or even the local high school for experts and resources.
Welcome to the Daisy Flower Garden
Sample Schedule

Friday Evening
Total Time: 1 hour and 20 minutes

Materials:

- Adult Facilitator Guide
- Girl Books
- Opening Ceremony: “Have a Good Trip!” and How I’m Feeling: construction paper (for making luggage tags/bookmarks), crayons and markers; background patches for the Daisies’ leadership awards (optional)
- Girl Scout Promise and Law written on a large paper
- Snack Time: Various cut up fruit and vegetables
- Taking a Walk: access to an outside spot with fallen leaves, twigs, seeds or nuts (or a variety of these items spread around the meeting place of the Daisies, enough for all of the girls)
- Which One is Mine?: paper and crayons/markers
- Closing Ceremony: whiteboard, or paper and markers; or a blue bucket, and various supplies for the girls to decorate the team’s bucket

• Opening Ceremony: Have a Good Trip! (20 minutes): Once all the girls arrive, gather them in a circle, introduce yourself and explain that they are now in a Daisy Circle. Then let the girls know that they are about to begin an exciting Girl Scout Journey where they will be learning key phrases in a variety of languages. Let the girls know that today they will be trying out the phrase “Have a great trip” in different languages because they are all starting a journey together. Follow the prompt on page 44 of your Adult Facilitator Guide to follow through with the rest of the ceremony. Once the ceremony is finished have the girls, still in their circles, go over the Girl Scouts Promise and Law with them. (Have the promise and law written big on a board so they can have something to follow if any of the girls are first years). Bring out the materials for the girls to create their luggage tags or bookmarks that they will decorate with the phrase “Have a good trip”.
• Snack Time/Story Time (20 minutes): Have the girls get a light snack of fruits and vegetables to bring to the circle for story time. Next introduce the new flower friends’ story by reading the introduction on page 5 of the girls’ book. Follow the suggested questions on page 45 of the Adult Facilitator Guide to get the girls thinking about travel.

• Talking a Walk (10 minutes): If possible, get the girls outside for a short romp in nature. If the weather is not conducive for the girls to be outside you may bring in nature items and spread them on the floor. Refer to pages 46-47 of the Adult Facilitator Guide for general instructions to conduct the activity. Help guide the girls in their decision making.

• Which One is Mine? (20 minutes): Once the girls return from outside have them gather around with their crayons and paper to sketch the items they have collected. Refer to page 47 of the Adult Facilitator Guide for instructions. Have the girls discuss what they have learned about their items.

• Closing Ceremony (10 minutes): Ask the girls to gather in a Daisy Circle to discuss how they are feeling after their first journey session. Capture the words the Daisies say and add them to the bucket. Close their time together with a Friendship Circle and friendship squeeze.

Breakfast

Saturday Morning
Total Time: 1 hour and 15 minutes

Materials:

• Adult Facilitator Guide
• Girl Book
• Opening Ceremony: crayons, markers and decorative bits for their luggage tags/bookmarks
• A Walk in Nature: newsprint and easel or individual sheets of paper for the girls and crayons or markers
• Opening Ceremony: Have a Great Trip (French) and How Are You Feeling? (15 minutes): Have the girls gather in a Daisy Circle. Let them know that today they will be saying “Have a great trip” to one another in French, the language of one of their flower friends.
Have the girls go around in the circle saying *Bon voyage* to one another. Then, using their crayons or markers write *Bon voyage!* on their luggage tags.

- **Story time (15 minutes):** Either read to the girls or have assigned helpers begin to read the first chapter of their *Between Earth and Sky* book, beginning on page 7 and reading up to page 12. Make sure to show the girls the picture of Lupe’s car.

- **Role Play: How I Help My Friends (15 minutes):** Ask the girls to pair up to do some role-playing. Start by reminding the girls of the part of the story in which Zinni is said to like to help her friend, Lupe. Then ask for two volunteers to role play. See page 52 of the Adult Facilitator Guide.

- **A Walk in Nature to Find Colors (30 minutes):** Before heading outside for a nature walk to observe all of the different colors, have the girls take turns naming their favorite colors. Even include the colors of their flower friends from their book. Afterwards, have the girls draw a square of their favorite color and, if they can, the name of the color besides it. Collect all of the girls’ colors onto one big sheet of paper. If there is a lot of repetitive colors add your own favorite color to widen the list. Then explain to the girls that they will be taking a walk outdoors to try and find objects that match the colors they’ve just named. While they’re walking, have the girls share what they find. At the end of the walk, get discussions going about their walk. Refer to page 54 of the Adult Facilitator Guide for suggestions.

**Lunch**

**Saturday Afternoon**

Total Time: 1 hour and 30 minutes

**Materials:**

- Adult Facilitator Guide
- Girl books
- Opening Ceremony: crayons/markers and decorations for luggage tags/bookmarks
- Feast of Plants: various vegetable such as: broccoli/cauliflower florets, celery, lettuce, asparagus, spinach, cabbage, carrots, radishes, green beans, etc.
• Opening Ceremony: Have a Good Trip (Spanish) and Speaking Up About How We Feel (20 minutes): Have the girls gather in a Daisy Circle and let them know that they will be saying “Have a great trip” to one another in Spanish, a language known by their flower friend Zinni. In Spanish, the phrase is Buen viaje. Now have the girls say the phrase to one another and then add the phrase to their luggage tag/bookmark. After they have finished let the girls know that today they will be focusing on their feelings and the fellow sister Daisies’ feelings. Let them know that they should pay attention to what they and the other Daisies say and do, and see if they can find someone who is feeling like them and someone who might be feeling something different, and share what they say at the end of the session.

• Story Time (15 minutes): In a circle finish chapter 1 in the girls’ book, starting on page 12. After the reading, get a discussion going using questions like:
  o Lupe invites Zinni and then Clover to travel with her. When have you invited friends to go somewhere with you?
  o Have you ever not made room for other people when you’re riding in a car or a bus? Have you ever done that to a younger brother or sister?
  o How do you think they felt? How would you feel if someone didn’t make room for you?
  o To be friendly and helpful and considerate and caring, just like the Girl Scout Law says, what should you do?

• Feast of Plants (20 minutes): Have the Daisies look at page 9 of their books for the picture that introduces basic plant parts: flowers, stems, leaves, and roots. Have an assortment of different vegetables to use as representation of plant parts. Refer to page 58 of the Adult Facilitator Guide for different vegetable suggestions that would work for different plant parts. This learning experience can be used as a fun and interactive snack time with the girls.

• Role Play: I’m Feeling This, You’re Feeling That! (15 minutes): Have the girls team up in groups of four to try a role-play activity about feelings. Smaller groups are fine if you don’t have enough to make groups of four. Refer to page 59 of the Adult Facilitator Guide for instructions.

• Closing Ceremony: Earning the Blue Bucket Award (20 minutes): Ask the girls to come together in a Daisy Circle and tell one another what feelings they noticed today—in
themselves and in their sister Daisies. Then get a discussion going, referring to page 59-60 of the Adult Facilitator Guide for reference. After the discussion, ask the girls:

- *What is the most important thing you’ve learned so far about feelings and talking about them—and getting along with others? Once we decide that, let’s make a promise to teach that very important thing to others.*
- *Now let’s go around our circle and say what we’d like to teach others.*

As each girl says what she thinks, invite them to toss their thoughts into their blue bucket. Then complete the closing ceremony by awarding the girls with their Blue Bucket Award. Let them know that this award represents their learning good thinking and talking skills, and agreeing to teach them to others. Encourage the Daisies to keep working on these skills, and to keep adding to their blue bucket along the journey.

**Saturday Late Afternoon/Evening**

Total Time: 1 hour and 10 minutes

**Materials:**

- Adult Facilitator Guide
- Girl Books
- Opening Ceremony: crayons or markers to decorate their luggage tags/bookmarks
- Science time: various plant and flower seeds
- Making Butterflies: paper cut in squares (recycled wrapping paper works well), enough so that there are 2-3 squares per girl

- **Opening Ceremony: Have a Good Trip (Chinese) (15 minutes):** Have the girls gather in a Daisy Circle. Let the girls know that they will say “Have a great trip” to one another in Chinese, a language known by their flower friend Gloria. In Chinese, “Have a great trip” is *Yi lu shun feng.* Going around the circle, have each girl repeat the phrase to the girl to her left. Once everyone has gone have the girls says it together and add the phrase to their luggage tag/bookmark. Next, let the girls know that they should pay special attention to the girl on their left. Let them know they should pay attention to what she says and does so that you can learn what her special skills are. They will continue to develop on this activity in their next session. Let the girls know that the skills they choose and develop will step them through to earning their Firefly Award.
• Story Time (15 minutes): Read the beginning of chapter 2 with the girls, read up to page 29. After the story, get a discussion going with the Daisies. Refer to page 64 of the adult guide for suggested questions.

• Science Time: So Many Seeds (20 minutes): Gather the girls around the seeds that you or a visiting gardener or farmer has brought to show the girls. Encourage the girls to learn what the seeds are and to take time to see how they vary in size, shape, color and texture. Then place a bunch of the seeds in a container. Ideally the container will be big and clear plastic, so all girls can see inside it. Next, use a fan to simulate wind blowing the seeds about. If you have enough seeds and a good bit of “wind”, the seeds will go flying about, but stay in the container. Ask the girls questions like:

  o Does this give you an idea of what lots of wind outdoors can do to seeds?
  o Can you see how this can be a good way for seeds to spread themselves around?
  o Can you think of times when having seeds blowing all over the place might not be good? When? What could happen that might not be good?

• Making Butterflies (20 minutes): Origami is the Japanese art of paper folding. The butterfly is easy to make and is a good critter for this journey because it travels between the earth and sky. Keep in mind that the girls may not listen to the origami directions and may make their own creation. That’s part of the fun! For instructions see page 66 of the Adult Facilitator Guide.

Dinner

Breakfast

Sunday Morning
Total Time: 1 hour and 15 minutes

Materials:

• Adult Facilitator Guide
• Girl Books
• Opening Ceremony: art supplies for decoration the girls’ luggage tags/bookmarks
• Cooking Up Some Color: natural paints, brushes, and paper; or fruits, vegetables, and other equipment as needed for making the paints with the girls

• Opening Ceremony: Have a Good Trip (Japan) and Paying Attention to Our Skills (15 minutes): Have the girls gather in a Daisy Circle. Let them know that today they will say “Have a great trip” to one another in Japanese—Itterasshai! Have each of the girls go around in the circle saying the phrase to one another. When they have finished have them add this new phrase to their luggage tags/bookmarks. Remind the girls that they will continue paying careful attention to their sister Daisies’ special skills. Let them that at the end of the session each girl will be telling one other girl what they believe their special skill is and she’ll let you know if she agrees or not.

• Story Time (15 minutes): Have the girls gather to finish the final pages of chapter 2. After the story, get a discussion going by asking questions like:
  o What did you think about the flowers seeing so many colors and shapes at a beach?
  o Have you ever been to a beach like that?
  o Can you imagine going to a beach like that? Not really sure how today will go since it really does feel like this day is dragging. I really want to take my time and I am so ready

• Cooking Up Some Color (25 minutes): With Daisies, enjoy some fun with natural paints made from foods. Refer to the appendix or page 76 of the Adult Facilitator Guide for instructions on how to create your own paint from food. You might want to create the paint before the girls arrive so it will be ready by the time the activity starts. Show the girls what fruits and vegetables made what colors. Then allow the girls to use the paint to make their own watercolor art pieces.

• Closing Ceremony: I think Your Special Skill Is (20 minutes): Ask the girls come together in a Daisy Circle. Have each girl go around saying what she thought the special skill was of the girl she was observing. Then have each girl say whether she agrees with the skill or believes that she did a better job at another skill. As the girls are naming one another’s skills have them keep track of the skills on the provided note page. Refer to page 73 of the Adult Facilitator Guide. Have the girls see what skills they share, are there any skills that haven’t been mentioned and what skills they want to get better on this journey. End the discussion with a friendship squeeze.
Lunch

Sunday Afternoon
Total Time: 1 hour

Materials:

- Adult Facilitator Guide
- Girl books
- Opening Ceremony: art supplies for decorating the girls’ luggage tags/bookmarks

- Opening Ceremony: Have a Good Trip and Making the Most of Our Special Skills (20 minutes): Have the girls gather in a Daisy Circle. Let them know that today they will say “Have a great trip” to one another in Italian, which is Buon viaggio! Have all the girls go around saying Buon viaggio to one another. Once this is completed have the girls add this new phrase to their luggage tags/bookmarks. After they have finished, remind them that in their earlier session they focused on paying attention to their friends’ special skills. Let them know now they will be focusing on their own special skills. Have each girl pick a skill they will use for the day and share what it is with the rest of the circle. Let the girls know that at the end of the day they will discuss how their special skills worked out for them.

- Story time (20 minutes): Read chapter 3, pages 39-48, to the girls and invite them to help read to the group if any are interested. After the reading, get a discussion going about how considerate Clover was to talk with Lupe—and how honest Lupe was in her answer. Then move on to talk about Sunny’s special skill. Discuss with the Daisies how sunflowers can help their environment.

- Closing Ceremony: Our Special Skills (20 minutes): Have the girls gather in a Daisy Circle and invite them to take turns saying the special skill they tried today and how it worked for them. Have the girls talk about how they might continue to use these special skills. Ask:
  - What can you do at home to make even more use of this skill of yours?
  - How about at school?
  - Is there any way for you to use this skill in your neighborhood, too?
After a good discussion, complete the closing ceremony by giving the Daisies their Firefly Award. Let them know that it represents their having a special skill that they can use to help others and the planet. Then end the ceremony with a friendship squeeze.

**Don’t Have a Whole Weekend?**

Here’s a way to spread the activities over six weeks

- **Session 1-Opening Ceremony:** Have a Good Trip, Role Play: How do We Settle a Conflict, Taking a Walk-Indoors or Out, Which One is Mine?
- **Session 2-Opening Ceremony:** Have a Great Trip (French and Turkish), Role Play: How I Help My Friends, A Walk in Nature to Find Colors
- **Session 3- Opening Ceremony:** Have a Good Trip (Spanish), Feast of Plant Parts, Role Play: I’m Feeling This and You’re Feeling That, Closing Ceremony: Earning the Blue Bucket Award
- **Session 4-Opening Ceremony:** Have a Good Trip (Chinese), Science Time: So Many Seeds, Making Butterflies
- **Session 5-Opening Ceremony:** Have a Good Trip (Japan), Science Time: Stone Light, Stone Bright, A Walk in Nature to Find Shapes
- **Session 6-Opening Ceremony:** Have a Good Trip (Italian), Option: Science Time and a Nature Walk, too, Cooking Up Some Color, Closing Ceremony: Our Special Skills
Additional Resources

- http://forgirls.girlscouts.org/girls-5-9/