When you have earned the Mari petal, You will know how to be responsible for what you say and do, just like Mari the Marigold.
**Purpose:** When girls have earned this petal, they'll know to be responsible for what they say and do.

**Activity Plan Length:** 1.5 hours

**Getting Started**

Time Allotment: 15 minutes

Materials Needed:
- Optional: Girl Scout Promise and Law printed out on poster board

Steps:
1. Welcome everyone to the meeting.
2. Recite the Girl Scout Promise and Law. Use repeat-after-me or say it as a group if girls know it by heart.
3. Sing the Girl Scout Daisy Song. Use repeat-after-me or sing as a group if girls know it by heart.

**Activity #1: Word Power**

Time Allotment: 10 minutes

Prep Needed:
- None

Materials Needed:
- None

Steps:
1. Ask girls to stand up or jump if the word or phrase you say is helpful and makes them feel good and to sit or crouch down if the words are hurtful and make them feel bad. Use the words below and/or additional words of your own.
   - You’re my friend
   - I don’t like you
   - Please
   - Thank you
   - Get away
   - I’m sorry
   - You’re not my friend
2. Ask girls how it felt to hear the helpful words and how it felt to hear the hurtful words. Talk about how words can be powerful and it is important to pay attention to what you say and how you say it.

**Activity #2: Chores Charades**

Time Allotment: 15 minutes

Prep Needed:
- None

Materials Needed:
- None

Steps:
1. Have girls play charades, acting out different things they can do at school or at home to help others and show they are responsible. Use the ideas below to get started. Girls might come up with ideas of their own, as well.
   - Brush your teeth
   - Make your bed
   - Carry your backpack
   - Set the table
   - Pick up toys
   - Wash your face
   - Walk the dog
   - Get dressed

2. When a girl is ready to act out an action, whisper it into her ear. Make sure she knows what the action means.
3. Ask the girl who guesses the action correctly be the next person to act.

**Activity #3: Snack Chat**

*Time Allotment: 15 minutes*

*Steps:*

1. While enjoying snack, here are some things for girls to discuss:
   - What do you do at home to show you are responsible?
   - How do words hurt? How do words make you feel better?
   - How do you feel when you keep a promise?
   - What could you do to show others that you are responsible?

**Activity #4: Promise Pals**

*Time Allotment: 10 minutes*

*Prep Needed:*

- None

*Materials Needed:*

- None

*Steps:*

1. Split girls into small groups of two to four girls.
2. Have each girl share with her group one thing that she is going to do at home or at school to show others that she is responsible for what she says and does. Ideas include:
   - Talking to someone new at school
   - Inviting a new friend over to play
   - Telling a friend why she likes her
   - Helping with a job at home
   - Being nice to a brother or sister
3. Have each girl make a promise to the other girls in her group identifying how she will be responsible for what she says and does. The girls in the group are now Promise Pals.
4. If possible, have the small groups check in with one another at another troop meeting to make sure they kept their promises.

**Activity #5: Meeting Mari the Marigold**

*Time Allotment: 10 minutes*

*Prep Needed:*

Developed and copy written by River Valleys Girl Scout Council 2013.
• Print off copies of Mari the Marigold coloring sheets.
• Gather materials and supplies.

Materials Needed:

• Mari the Marigold coloring sheets (1 per girl)
• Colored pencils, crayons or markers

Steps:

1. Have girls color their Mari the Marigold coloring sheets.
2. Girls can write (or have an adult help them write) the thing they promised to do from Activity #4. This coloring sheet will serve as a reminder of the girl’s promise.

Wrapping Up

Time Allotment: 15 minutes

Materials Needed:

• Optional: Make New Friends printed on poster board

Steps:

1. Instruct girls to get into a Friendship Circle. Have girls stand in a circle and cross their right arms over their left, holding hands with the person on each side of them.
2. Sing “Make New Friends.”
3. After the song, ask everyone to be quiet.
4. Assign one girl to start the friendship squeeze by gently squeezing her neighbor’s hand with her right hand. Then, that girl squeezes with her right hand. One by one, each girl passes the squeeze until it travels around the circle. When the squeeze returns to the girl who started, she says “Goodbye Sister Girl Scouts” and the girls unwrap and face outward instead of inward.
5. Optional: Have girls make a wish after their hand has been squeezed and before they pass the squeeze along. Girls can also put their right foot out into the circle when they receive the friendship squeeze, so that everyone can see it travel along the circle.

More to Explore

• Field Trip Ideas:
  o Visit a local library and talk about the responsibility of checking out books.
  o Clean up trash around your meeting area.
• Speaker Ideas:
  o Invite a librarian to your meeting to talk about the responsibility of checking out books.
  o Invite an older girl to your meeting to talk to girls about the responsibilities of growing up and friendship.

Suggestions

Do you have any suggestions to improve this activity plan? Do you have ideas for other possible petal and Journey-earning activities? Please email mlavoy@girlscoutsneny.org.
MARI THE MARIGOLD

ORANGE PETAL

responsible for what I say and do