

# Lake Clear Site Orientation

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Lake Clear Camp is situated on 91 scenic acres of land on a peninsula on Lake Clear. Located just 20 miles from Lake Placid and adjacent to the St. Regis Canoe area. The camp is surrounded by breathtaking state land in the Adirondack Park. Facilities at camp Lake Clear include renovated cabins with full bathrooms, a dining hall, and a health center. There are buildings for programs and activities – perfect for inclement weather. There's, swimming and boating areas, and hiking trails.

## Important Information

### **Contact & Maintenance Information:**

For any emergencies contact 911. For non-immediate issues call 518-489-8110 and leave a voicemail at ext. 151. For all maintenance requests like water leaks, gas leaks, and lack of heat contact 518-489-8110 ext 151. If calling after hours please leave a message with a phone number so we may return the call as soon as possible. This voicemail box is being monitored.

### **Check-in/out:**

Check-in is 4:00pm and Check-out is 3:00pm. (fellow campers may be using the grounds)

### **Parking:**

Cars should be parked in the lot near the entrance to camp on the field on the right, parked facing out. On the way into camp, the road is a single-lane dirt/logging style that four-wheel, all-wheel, or vehicles with higher clearance are recommended if not parking. The camp roads are one-way lanes and must be kept open for emergency vehicles. One vehicle may transport food and heavy gear. No vehicles may remain parked near units. This road to get into camp is a DEC single dirt/logging road - 4-wheel, all-wheel, or vehicles with higher clearance are recommended.

### **Winter:**

Lake Clear Camp is closed September-May

### **Trash:**

Papers may be burned using extreme caution. Trash is carry in - carry out. In outdoor units, trash bags should be kept sealed and placed in a vehicle each night, out of the reach of animals. Grease must be placed in cans until cool and stored with other trash in the vehicle.

**Gate:**

For the security of all concerned, the camp gate is to be closed before dark and kept closed until early morning. **\*\*In the girls' best interest, we advise that the gate be kept closed at all times.\*\***

**Telephone: Dial 911 for emergency services.**

Most cell phones receive service at the camp. The camp phone is located in Turner Lodge. The number is 518-891-0529.

**Firewood:**

Some fallen wood is available at the camps. Troops may want to bring some extra dried wood. New York State has a regulation prohibiting the transport of firewood more than 50 miles from its source. Please keep this in mind when transporting firewood.

**Campfires:**

Fires must be built in fire circles or fireplaces only. A full pail of water must be nearby before the fire is lit. Campers with long hair need to tie back their hair when near the fire. Also, use caution with loose clothing around fires.

**Animals:**

**No pets are allowed at camp.** Never touch or try to feed a wild animal.

**Health Forms:**

Leaders taking girls camping should have with them a current Health Examination form. It is recommended that adults also have a completed Health Examination Form. A camping troop also needs a First Aider, as well as a First Aid Kit.

**Illness:**

Notify the parent and request they pick up their child. If a parent is unavailable, contact the emergency number given for the child. If neither parent nor emergency contact is available, isolate the child from the group and keep comfortable until contact is made. First Aider should record the date, time, symptoms, and any action taken.

**Medications:**

NO medication is to be given to a child without written parental permission. All keep medications need to be kept under lock and key unless they are being administered by a trained individual.

Note: Exceptions would be for a limited amount of medication for life-threatening conditions carried by a camper or staff person (e.g., Epinephrine auto-injectors or inhalers) or limited medications approved for storage in first aid kits.

**1:1 Adult to Child Ratios:**

We advise rental groups to discuss/ train Adults on 1:1 Adult to child ratios. This is to ensure that no adult is alone with a child with whom they are not a parent/guardian of. We encourage 1 Adult to 2+ Children or 2 Adults to 1 child. Never Alone

**Lanterns and Cookstoves:**

Lanterns and cookstoves may be used in kitchen shelters if desired. If propane fuel or "Coleman" fuel is used, adult supervision must be maintained. Lanterns and stoves should never be left burning without supervision.

**Cancellation/Refund Policy:**

- Refunds will be made IF GSNENY must cancel a reservation
- Cancellation made less than days 10 prior to the camping trip forfeit their full payment.

# Buildings

## **Building etiquette:**

When camping in a building, shoes, and boots should be wiped upon entering. Boots need to be left near the door and not worn indoors.

## **Temperature:**

There are no heat sources in most of the cabins. It can get quite chilly in the evenings in the Adirondacks; please pack a warm sleeping bag or blankets to be comfortable at night.

## **Smoking, Alcohol, and Drugs:**

Smoking is not permitted on the camp property or in the presence of children. There is no consumption of alcohol or use of illegal drugs on any GSNENY property or at any GirlScout function where girls are present.

## **Lodges:**

All lodges have mattresses and some have beds. Pails, brooms, etc. are also provided. Troops need to bring their own supplies for everything (cooking, serving, eating, housekeeping, etc.), including an airtight container for food storage. There are no kitchens in the lodges. All persons are responsible for any/all personal sports equipment and any other equipment. All lodges have electricity, running water, bathroom facilities (toilets, sinks, showers, and some have fireplaces). Turner Lodge campers must use the nearby shower house for bathroom facilities. There are grills for outdoor cooking.

# Units



## **Ash Grove:**

Sleeps 13, a delightful cabin with one large room that sleeps 13 in bunk beds. There is a screened-in porch to enjoy the view.



## **Bunk House:**

Sleeps 19, there are three rooms with bunk beds and a fireplace. The wrap-around porch is great for relaxing in the fresh air. There is also a handicap-accessible ramp.



## **Chalet:**

Sleeps 17, located in upper camp, this cozy cabin has bunk beds for sleeping.



**Chuck Wagon:**

Commercial Kitchen & Dining Hall-As with any kitchen stove, gas, or electric, please keep all children away from hot surfaces.

**Fireside:**

Sleeps 6, is a nice cabin near the water's edge with a gorgeous wrap-around porch. There are two rooms and a large fireplace. There are mattresses, which can be placed on the floor for sleeping.

**Infirmary:**

sleeps 7, with the best view of the lake at camp, you'll love this cabin. It is handicap accessible and has three rooms with beds.

**Lake View:**

Sleeps 6, this cabin has a great view Lake Clear's water front and sits directly in front of the huge fire pit with log seating. Two rooms, and a full bath. Main room has fireplace and fridge.

**Mountain View:**

Sleeps 6, this cabin has a great view of the mountains and lake with a small screened-in porch. There are two single beds in one room and 4 sleeping spots in bunk beds in the other room.

**Sandbox:**

Sleeps 16, this cabin is near the lake and very comfortable with bunk beds in three separate rooms.

**Turner Lodge:**

Sleeps 24, this is a great hall to have those sleepover events where everyone just lays out their sleeping bag on the mattresses provided and tells stories by the fireplace. Groups use the shower house next door for restrooms and showering.



# Lean-to Units

## **Lean-to Units:**

Are a little way away from the main camp. There's a bathhouse, picnic tables, fields for activities, and water spigots. There is a bathhouse nearby with showers and toilets. There is a fire circle and charcoal grills available as well. All Lean-tos are screened in.

## **Food:**

In outdoor units, food should be cleared away immediately after meals and stored in airtight containers, out of the reach of animals (preferably in a car). Toothpaste and perfumed toiletries should also be stored in airtight containers. There should be no food left in tents or lean-tos.

## **Seven Dwarves:**

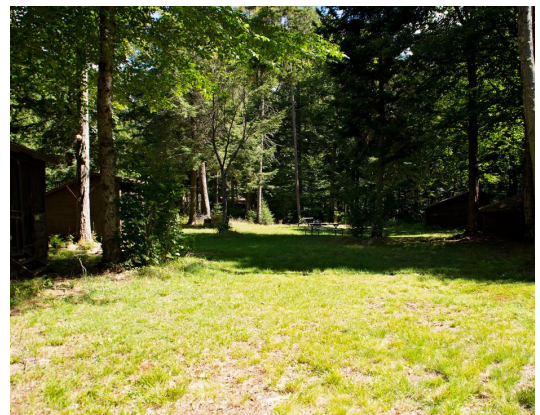
Sleeps 28

## **Gingsberg:**

Sleeps 24

## **White Oak:**

Sleeps 18



# Other Areas of Camp



## **Playfield:**

Located near the camp entrance and is great for group activities.



## **Fire Circle:**

Located in front of Lakeview Lodge with lots of log seating.



## **Waterfront:**

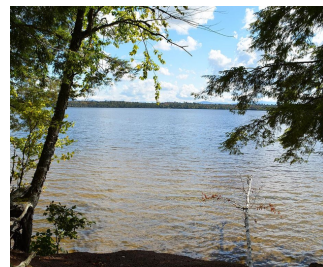
Located in front of Lakeview Lodge and on the other side of the fire pit. Lifejackets are provided and are required for all watercraft. You are also welcome to bring your own lifejackets.

## **Hiking Trails:**

connect the Turner Lodge area with the main camp, as well as lead up the hill from Turner Lodge toward the entrance of camp.

## **Ice Skating:**

Is not permitted at any time on the lake.





# Evacuating Units/Lodges

If you discover a fire (or hear a siren from another unit), SOUND YOUR FIRE ALARM (if you have one nearby) and:

1. Quickly and quietly assemble campers, count them, and proceed to the pre-arranged meeting place. One adult should lead. Use the buddy system.
2. Stay on established roads and trails. Remember to keep campers out of the way of emergency vehicles.
3. One adult should stay behind to be sure all campers are out of tents/lean-tos, latrines, doors are closed from a lodge, etc. That adult “brings up the rear” as the group exits camp.
4. Once campers are assembled outside of camp, count heads again. Send one adult from your meeting place to report any missing campers to the firefighters, rangers, or camp director. (Know who they are so the searchers will know for whom to look).
5. The first adult out should call the fire department.

Do Not return to the camp until the okay is given by the firefighters (or the person in charge of the drill). When you return, shut off the fire alarm if it is still sounding.



**Lake Clear's Mariner Program**



# Waterfront Procedures



## **Ratios:**

### Swimming

- 1-25: 1 adult Lifeguard + 2 watchers
- 25-35: 1 adult Lifeguard + 1 lifeguard + 3 watchers
- 35-60: 1 Adult Lifeguard + 1 Lifeguard + 4 watchers

### Boating

- 1-12 people can boat at one time with 1 Small Craft Safety instructor
- Certified Lifeguard must be present following same guidelines regarding numbers as under swimming

## **Lifeguards:**

Adult lifeguards certified in Waterfront Lifeguarding (or Lifeguard Certification plus Waterfront Lifeguard Module) are required for all swimming activities on GSNENY property: one lifeguard for every 25 swimmers, plus two watchers. Lifeguards may only supervise boating activities if they hold Small Craft Safety Certification or the equivalent.

## **Watchers:**

Watchers are adults helping to supervise swimming activities. Watchers must assist the lifeguards with swimmer surveillance and assist in emergency situations as instructed by the lifeguards. American RedCross Basic Water Rescue Training is recommended for all watchers.

## **Boating Supervisors:**

Adults certified in Small Craft Safety, or with documented experience supervising boating activities, are required for boating on GSNENY property: one supervisor is needed for every 12 people on the water in boats. Boating Supervisors do not need to be certified in lifeguarding, and must not supervise any swimming activities nor conduct swim tests.

## **Boaters:**

Youth and adults who wish to boat should be comfortable in the water and must practice boating skills on land prior to entering the water. Swim tests are not required, though boaters should be confident in the water. It is always best for the adult in charge to know the swimming abilities of all boaters. All boaters, youth, and adults must wear a life jacket at all times on the water regardless of swimming ability. One adult, who is a deep-water swimmer and who is experienced in handling a boat, must be in the boat with non-swimmers or novice swimmers. When the weather permits and a lifeguard is available, participants should practice putting on a life jacket, entering the water, righting themselves, and coming to the surface; as well as practice floating with a life jacket on.

Troops and Service Units are able to find qualified volunteers to run these activities for them, or are able to request certified individuals from [rentals@girlscoutsneny.org](mailto:rentals@girlscoutsneny.org) but is not guaranteed. Copies of the appropriate certifications must be on file with Council for a volunteer to be eligible to supervise waterfront activities on GSNENY properties.

Regardless of whether some individual volunteers their time or receives a fee, all individuals supervising waterfront activities on a GSNENY property must be or become registered members of the Girl Scout movement.

Swimming and boating equipment are expensive to maintain in good condition. Everyone can help by:

- Not sitting or hanging on the swimming area ropes.
- Using dock ladders rather than pulling themselves up onto the docks.
- Returning all boats/canoes to the small craft area after each use and properly tying or racking them.
- Returning all oars, paddles, and life preservers to where you found them and storing them carefully.

## LAKE CLEAR CAMP

- Ginsberg, Lean Tos  
 a- kitchal  
 b- milky way  
 c- cweezy hangtlow  
 d- starburst  
 e- crunch
- Robin's Nest, Lem Tos  
 1- Dupey  
 2- Happy  
 3- Sneezy  
 4- Sleepy  
 5- Doc  
 6- Grumpy  
 7- Bashful

