GS EXPRESS

**NOVEMBER 14, 2024** 

girl scouts of northeastern new york



#### IN THIS ISSUE

Service Unit Delegates Page 01

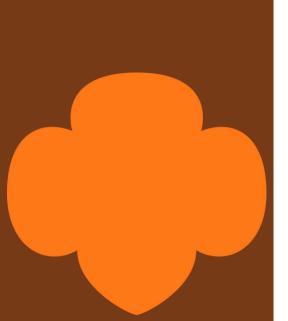
Take The Alumni Survey Page 02

Upcoming Girl Scout Programs
Page 03

Girl Scout Program Spotlight Page 04

Resilient. Ready. Strong. Page 05

Volunteer Appreciation Dinner <u>Page 06</u>



# Service Unit Delegates



It's your time to make a difference!

Right now, Service Units are electing their delegates and alternates! Final results are due to Council 12/1.

As a delegate or alternate, you will be the voice of the members in your service unit and will help to develop GSNENY's strategic plan for FY26-29!

Contact your Service Unit Manager for more information.

## Take The Alumni Survey



If you were ever involved in Girl Scouts we'd love if you could fill out our survey!

Fill out the survey HERE

By filling out our survey, you have the opportunity to share your unique Girl Scout story and reflect on the moments that have stayed with you through the years. Your feedback will not only help us understand the impact of Girl Scouts on individuals but also inspire the next generation of young girls who are embarking on their own Girl Scout journey.

Girl Scouting isn't something you do—it's a piece of who you are. Your experiences, skills, and memories are all part of what makes you the incredible person you are today. Your memories of camping trips, earning badges, volunteering in your community, and making lifelong friendships are all testaments to the positive impact of Girl Scouting.

Thank you for being a part of the Girl Scout sisterhood and for contributing to the legacy of courage, confidence, and character that defines the Girl Scout experience. Your voice matters, and your story is a valuable piece of the rich tapestry of Girl Scouting history.

# **Upcoming Girl Scout Programs**

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

### Skate into STEAM

#### **Gingerbread Decorating -D/B**

12/01/2024 10:00 AM EST - 11:30 AM Plattsburgh



#### **Holiday Cookie Decorating -J/C**

12/01/2024 1:00 PM EST - 2:00 PM Plattsburgh

#### Nutcracker! Magical Christmas Ballet

12/3/2024 7:00pm - 10:00pm Albany

# Society of Women Engineers Daisy: Mechanical Engineering 2

Rollercoaster Badge

12/04/2024 6:30PM - 8:00 PM Troy

#### Things that Fly & Glide

12/07/2024 10:00 AM - 12:00 PM East Greenbush



# Find MORE programs here! <u>Program Guide</u> or <u>Calendar of Events</u>

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, <a href="mailto:customercare@girlscoutsneny.org">customercare@girlscoutsneny.org</a>

# **Girl Scout Program Spotlight**

Each month in Girl Scout Membership Year 2025, the Girl Scout Experience team will highlight a few Girl Scout programs or celebrations we think will be of interest to members. We'll share information, and activity ideas to help volunteers and Girl Scouts plan at the troop level.

Take a Hike Day:
Sunday, 11/17

Click HERE for FREE activities!

Share photos and stories from your hike HERE!



How are you celebrating? Share your stories <u>HERE</u>!

#### Plan for December!

World Wildlife
Conservation Day
December 4th
Free Toolkit <u>HERE!</u>





National Slime Day December 7th Free Toolkit <u>HERE!</u> Questions? Message the team at customercare@girlscoutsneny.org



Let us know how your troop is celebrating and participating by sending a message to <a href="mailto:marketing@girlscoutsneny.org">marketing@girlscoutsneny.org</a>



# Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

## Mental Health Matters Day

Girl Scout opportunity March 12, 2025

Our partner, the Mental Health Association in New York State (MHANYS) is partnering with the American Foundation for Suicide Prevention to host Mental Health Matters Day on March 12, 2025 at the Empire State Plaza. Cadettes, Seniors & Ambassadors seeking their Democracy Badge are invited to come to Albany to experience the advocacy process firsthand, including a morning policy briefing where an overview of the critical pending issues impacting youth mental health, school mental health and community mental health will be provided by MHANYS leadership as well as from invited guests including state commissioners and key legislators. You can read more about those legislative priorities here.

The interactive morning briefing will be followed by a rally to engage youth in demonstrating support of community mental health, and then an opportunity for Girl Scouts troops and their leaders to meet with their legislators to advocate on the priority issues.



Agenda (tentative):
8:00 am: Check-in
9:00 am - 12:00 pm:
Speakers & Rally
12:00 pm - 1:00 pm:
Break for Lunch
1:00 pm - 4:00 pm:
Meet with Legislators
(optional)

Girl Scout Troop Leaders are invited to register their troop online via the MHANYS website <u>here.</u> Pease be sure to enter "Girl Scouts of Northeastern New York" in the field for organization.

**GSNENY's Mental Wellness Page CLICK HERE** 

Please join us in thanking our Mental Wellness partners.







Contact the NAMI-NYS Helpline: (518) 245 - 9160 (M-F 8-3) or visit naminys.org

## **Volunteer Appreciation Dinner**





and recognition ceremony

April 25, 2025 Fort William Henry

5:30pm-8:30pm

In 2025 GSNENY Council is holding one dinner across our entire footprint to have everyone come together and mingle!

All volunteers are welcome to come free of cost. If you are not a member and would like to come to support someone you can attend the dinner for \$35 or join as a member for \$25.

Register **HERE!** 

Event Program:
5:30 pm- doors open
5:30 pm-6:00 pm- mingling, networking
6:00 pm - dinner is served
6:30 pm- awards presentation begins
8:00 pm- awards presentation ends



#### GSNENY Service Center Hours

9 am - 3 pm, Monday - Friday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email <u>customercare@girlscoutsneny.org</u> to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.







# CLICK HERE to shop online!

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

WWW.GIRLSCOUTSNENY.ORG