

GS EXPRESS

NOVEMBER 14, 2024

girl scouts
of northeastern
new york



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Service Unit Delegates



Represent your Service Unit!



It's your time to make a difference!

Right now, Service Units are electing their delegates and alternates! Final results are due to Council 12/1.

As a delegate or alternate, you will be the voice of the members in your service unit and will help to develop GSNENY's strategic plan for FY26-29!

Contact your Service Unit Manager for more information.

Take The Alumni Survey



If you were ever involved in Girl Scouts we'd love if you could fill out our survey!
Fill out the survey [HERE](#)

By filling out our survey, you have the opportunity to share your unique Girl Scout story and reflect on the moments that have stayed with you through the years. Your feedback will not only help us understand the impact of Girl Scouts on individuals but also inspire the next generation of young girls who are embarking on their own Girl Scout journey.

Girl Scouting isn't something you do—it's a piece of who you are. Your experiences, skills, and memories are all part of what makes you the incredible person you are today. Your memories of camping trips, earning badges, volunteering in your community, and making lifelong friendships are all testaments to the positive impact of Girl Scouting.

Thank you for being a part of the Girl Scout sisterhood and for contributing to the legacy of courage, confidence, and character that defines the Girl Scout experience. Your voice matters, and your story is a valuable piece of the rich tapestry of Girl Scouting history.

Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

Skate into STEAM

Gingerbread Decorating -D/B

12/01/2024

10:00 AM EST - 11:30 AM

Plattsburgh



Holiday Cookie Decorating -J/C

12/01/2024

1:00 PM EST - 2:00 PM

Plattsburgh

Nutcracker! Magical Christmas Ballet

12/3/2024

7:00pm - 10:00pm

Albany

Society of Women Engineers Daisy:

Mechanical Engineering 2

Rollercoaster Badge

12/04/2024

6:30PM - 8:00 PM

Troy

Things that Fly & Glide

12/07/2024

10:00 AM - 12:00 PM

East Greenbush



Find MORE programs here!
[Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

Girl Scout Program Spotlight

Each month in Girl Scout Membership Year 2025, the Girl Scout Experience team will highlight a few Girl Scout programs or celebrations we think will be of interest to members. We'll share information, and activity ideas to help volunteers and Girl Scouts plan at the troop level.

Take a Hike Day: Sunday, 11/17

Click [HERE](#) for
FREE activities!

Share photos and
stories from your
hike [HERE](#)!



November is Hispanic Heritage Month



Get your free
toolkit [HERE](#)

How are you celebrating?
Share your stories [HERE](#)!

Plan for December!

World Wildlife
Conservation Day
December 4th
Free Toolkit [HERE](#)!



National Slime Day
December 7th
Free Toolkit [HERE](#)!

Questions? Message the team at
customercare@girlscoutsneny.org



Let us know how your troop is celebrating and participating by
sending a message to marketing@girlscoutsneny.org



Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

Mental Health Matters Day

Girl Scout opportunity March 12, 2025

Our partner, the Mental Health Association in New York State (MHANYS) is partnering with the American Foundation for Suicide Prevention to host [Mental Health Matters Day](#) on March 12, 2025 at the [Empire State Plaza](#). Cadettes, Seniors & Ambassadors seeking their Democracy Badge are invited to come to Albany to experience the advocacy process firsthand, including a morning policy briefing where an overview of the critical pending issues impacting youth mental health, school mental health and community mental health will be provided by MHANYS leadership as well as from invited guests including state commissioners and key legislators. You can read more about those legislative priorities [here](#).

The interactive morning briefing will be followed by a rally to engage youth in demonstrating support of community mental health, and then an opportunity for Girl Scouts troops and their leaders to meet with their legislators to advocate on the priority issues.



Agenda (tentative):

8:00 am: Check-in

9:00 am – 12:00 pm:

Speakers & Rally

12:00 pm – 1:00 pm:

Break for Lunch

1:00 pm – 4:00 pm:

**Meet with Legislators
(optional)**

Girl Scout Troop Leaders are invited to register their troop online via the MHANYS website [here](#). Please be sure to enter “Girl Scouts of Northeastern New York” in the field for organization.

GSNENY's Mental Wellness Page [CLICK HERE](#)

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

Volunteer Appreciation Dinner

Save THE Date



Volunteer Appreciation Dinner and recognition ceremony

April 25, 2025
Fort William Henry
Lake George, NY
5:30pm-8:30pm

In 2025 GSNENY Council is holding one dinner across our entire footprint to have everyone come together and mingle!

All volunteers are welcome to come free of cost. If you are not a member and would like to come to support someone you can attend the dinner for \$35 or join as a member for \$25.

Register [HERE!](#)

Event Program:
5:30 pm- doors open
5:30 pm-6:00 pm- mingling, networking
6:00 pm - dinner is served
6:30 pm- awards presentation begins
8:00 pm- awards presentation ends

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GSNENY Service Center Hours

9 am – 3 pm, Monday – Friday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customercare@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)
[to shop online!](#)**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

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