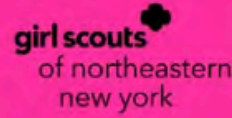


GS EXPRESS

MAY 15, 2025



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Youth Mental Health First Aid

GSNENY recognizes that mental health crises in our communities are at record levels. We also know that caring adults who spend time around young people are in a unique position to identify challenges and get them help when needed.

This is a Blended Course and the prerequisites will be provided to you. The in-person portion will take place at our Albany Service Center at 8 Mountainview Avenue, Albany, NY, on May 31.

Register [HERE](#)



Renewal Incentives 2025-2026



Girls renewed between 4/1/25 and 5/30/25 are entered in a random drawing to win.



To Earn Troop Renewal Incentive:

Troops who reach or exceed 90% of their MY 2025 girl number (by renewing current members or signing up new ones) by June 30th.

To be eligible for the troop renewal incentive, troop must contain two registered adults (with background checks) plus 5 registered girls, exceptions can be made for Senior/Ambassador Troops.

Renew [HERE](#)

GSNENY Council will count memberships on April 1, this is the number used to calculate percentage for renew on July 1. Percentages calculated include renewing members and new members after April 1.



Property Rentals

Property Rental Featured Building:

Mohawk

Space is still available to rent this summer in Mohawk at Hidden Lake Camp!



Thinking of exploring the Lake George/Lake Luzerne Region this summer? We'd love to welcome you to our Hidden Lake Camp, where the Mohawk building awaits!

Nestled just outside the main camp, Mohawk offers plenty of space and comfort, accommodating up to 16 guests. Enjoy a large kitchen with a peninsula, a cozy living room with a woodstove, and two full bathrooms. Relax on the back deck with outdoor seating. With three separate sleeping areas, you'll find 3 bunks and

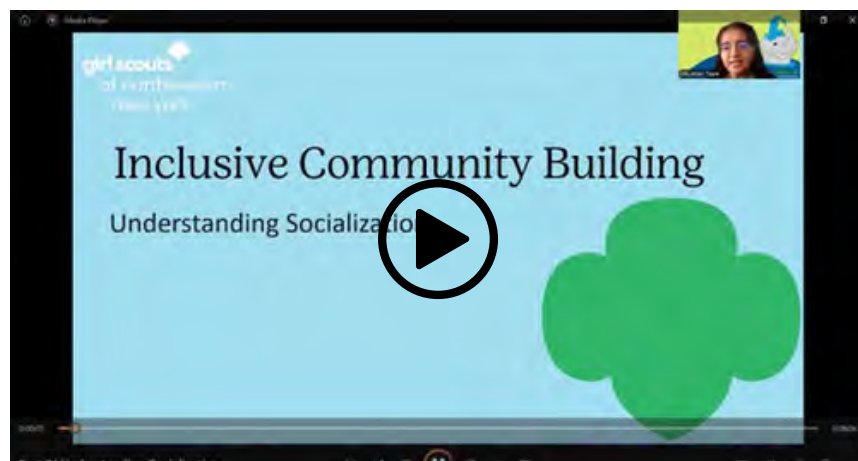
spacious closets in the first, 2 bunks, a small couch, and a closet in the second, and 2 bunks, a beanbag chair, and a closet in the third.

Please note, Mohawk is available as a standalone rental during summer camp and doesn't include access to other camp facilities.

Make your reservation [HERE](#)

Inclusive Community Building Workshops

Check out our Inclusive Community Building Workshops! In this session we will be covering Understanding Socialization.

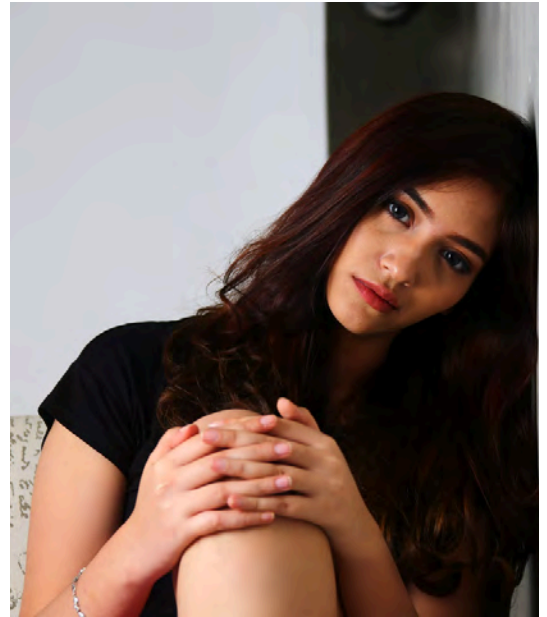


Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

13 Reasons Why Your Teen Keeps Secrets From You

Ideally, we'd all hope our children would feel comfortable sharing absolutely anything with us—no matter how big or small—but we know some situations might be easier to talk to parents about than others. During Mental Health Month, it's important to remember that some of the hardest things to talk about are actually the most important. We're sure you've always told your daughter to come to you if she's facing issues like bullying, inappropriate comments about her body, self-harm, or substance abuse—but there are still a host of reasons why she might be reticent to turn to you for help. Check out the list [HERE](#), and learn how you can help bridge the gap for your girl.



GSNENY's Mental Wellness Page [CLICK HERE](#)

Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last. Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

Summer Camp 2025

Camp Registration is OPEN! Click [HERE](#) to dive into a full list of Summer Day and Overnight programs for Girl Scouts of every level and get ready for your BEST SUMMER EVER!



Summer Camp is for Juniors!

Check out these summer camp opportunities and plan your week of adventure fun, friendship and a lifetime of memories!



Camp Is-Sho-Da, East Greenbush

C.A.M.P.

Creative Adventures
& Magical Possibilities

July 7th - 11th

July 21st - 25th

August 4th - 8th

Camp Popstar

July 14th - 18th

Camp Mess

July 28th - August 1st

Hidden Lake Camp, Lake George

Storybook Mix-ups

July 6th - 11th

C.A.M.P.

Creative Adventures
& Magical Possibilities

July 20th - 25th

Chemistry Craze

Day Camp

July 21st - 25th

Lake Clear Camp, (near Saranac Lake)

C.A.M.P.

Creative Adventures
& Magical Possibilities

August 3rd - 7th

Wilderness Wonders

August 10th - 15th

Chemistry Craze

Day Camp

August 11th - 15th



Use your Cookie Dough or S'mores Club to pay for Camp! Girl Scouts who participate in Cookie and Sweets & Treats sales can earn Cookie Dough or S'mores Club vouchers which can be used to pay for camp balances (they may not be used for the initial deposit). Set your goal now and think about all the fun that awaits you this summer! Contact Customer Care to check or redeem your balance.



For more information, contact customer care@girlscoutsneny.org

Financial Assistance is Available Click [HERE](#) for more information

Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

Last Chance

Bronze Award Workshop

May 29, 6:00 - 7:00PM
Virtual

Intro to Backpacking

May 30, 5:00 PM through
Jun 01, 2:00 PM
Lake George

Upcoming Programs

I Tried Camp (D/B/J)

Jun 07, 9:00AM - 11:00AM
East Greenbush

I Tried Camp (C/S/A)

Jun 07, 11:30 AM - 1:30 PM
East Greenbush

Silver and Gold Workshop

Jun 18, 6:00 - 7:00 PM
Virtual

Looking Ahead

Exploring Corning and Watkins Glen

Jul 17, 10:00 AM -
Jul 20, 5:00 PM
Corning & Watkins Glen

Wind, Water and Sky

Aug 7, 9:00 AM - 4:00 PM
Galway

What's in the Water & Air

Aug 8, 9:00 AM - 4:00 PM
Galway

Wild Center Weekend

Aug 29, 6:00 PM through
Aug 31, 11:00 AM
Lake Clear

Find MORE programs here!

[Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

Financial Assistance if available for year-round programs in our Council.

To learn more or apply, click [HERE](#)

GSNENY Service Center Hours

9 am – 3 pm, Monday – Friday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customercare@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



CLICK HERE
to shop online!

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

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