

# GS EXPRESS

JANUARY 23, 2025

girl scouts  
of northeastern  
new york



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## World Thinking Day

It is almost time for World Thinking Day!

Join your fellow Girl Scouts and Girl Guides from over 150 countries around the world to celebrate World Thinking Day! The best part is, you don't need to wait until February to get started. Start learning about World Thinking Day and embracing perspectives outside your own! Dive into this year's focus of "Our Story: Reflecting the symbolism and values of our Movement" and explore how you can build the confidence to know you can make a real difference, in your community and beyond. Think about the issues that contribute to problems near or far, and about the little things you can do to make a big difference!

Watch this video for some tips and tricks on how to make your World Thinking Day the best ever!



# Cookie Program 2025

Today is the start of the  
2025 Cookie Program!

Thank you for supporting your Girl  
Scouts as they unbox dreams with  
every box sold! If you need any help  
with your troop's or your Girl  
Scout's cookie sale,  
please reach out to  
[customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org).  
We're here to help!



## Former Girl Scout Survey



If you were ever involved in Girl  
Scouts we'd love  
if you could fill out our survey!  
Fill out the survey [HERE](#).

By filling out our survey, you have  
the opportunity to share your unique  
Girl Scout story and reflect on the  
moments that have stayed with you  
through the years. Your feedback  
will not only help us understand the  
impact of Girl Scouts on individuals  
but also inspire the next generation  
of young girls who are embarking on  
their own Girl Scout journey.

# Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

## Last Chance

Digital Leadership/STEM Career Exploration with UAlbany  
All Levels  
Feb 08, 10:00 AM - 2:30 PM  
Albany

Learn to Bake (J/C)  
Feb 08, 10:00 AM - 12:00 PM  
Lake George

## Upcoming Programs

Squishy Circuit Creations -D/B  
Feb 18, 6:00 PM - 8:00 PM, Queensbury

Outdoor Skills Spectacular: Snowshoe Shuffle (Navigation)  
Wed Feb 19, 10:00 AM - 12:00 PM, Lake George

Flurries & Fireside Family Festival - all Levels  
Feb 28, 5:30 PM - 8:00 PM, Lake George

## Looking Ahead

Career Try It: Hewison Aviation - C/S/A  
Mar 08, 1:00 PM - 3:00 PM, Selkirk

Earth Day Celebration  
All levels  
Apr 26, 10:00 AM EST - 1:00 PM, Lake George

Intro to Backpacking  
C/S/A  
May 30, 5:00 PM - Jun 01, 2:00 PM  
Lake George

Find MORE programs here!  
[Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)

**Financial Assistance** if available for year-round programs in our Council.  
To learn more or apply, click [HERE](#)



# Summer Camp 2025: Counselor in Training



*Step up and join the next generation of transformative leaders who help build girls of courage, confidence, and character as a part of the first class of the newly restructured, Girl Scouts of the USA Counselor in Training (CIT) Program. This comprehensive course being implemented nationwide in 2025 is specifically designed to give you the skills you need to become a camp counselor and a model for your peers and younger Girl Scouts.*

**Newly Updated  
GSUSA Curriculum!**

Young leaders in the CIT 1 Program explore what being a counselor at Girl Scout camp is all about! As a CIT 1, you will learn how to engage younger campers. You'll interview, observe, and assist camp staff; lead group activities, and learn to make a difference with your fellow CITs. As you develop your leadership skills, you'll be a role model for younger campers! CIT 1 can be completed at either overnight or day camp. Participants will receive the CIT 1 pin at the end of the week.

(Seniors/Ambassadors, Available at Camp Is-Sho-Da, Hidden Lake Camp or Lake Clear Camp)

Continue your leadership journey in the CIT 2 Program and perfect your camp counselor skills. As a CIT 2 Girl Scouts will plan and lead activities for younger campers, including a service project. Assist camp staff as you practice coordinating schedules, learn effective group management techniques, and help campers resolve conflicts. You will continue to serve as a role model for younger campers and expand your leadership skills. The CIT 2 program spans two consecutive weeks of overnight camp, with a weekend break. Participants will receive the CIT 2 pin after completing the two-week session. (Ambassadors, Available at Hidden Lake Camp or Lake Clear Camp)

Click [HERE](#) for a full list of Summer Camp 2025 programs. Registration opens February 5th. For more information, contact [customercare@girlscoutsny.org](mailto:customercare@girlscoutsny.org)

# Girl Scout Program Spotlight

Each month in Girl Scout Membership Year 2025, the Girl Scout Experience team will highlight a few Girl Scout programs or celebrations we think will be of interest to members. We'll share information, and activity ideas to help volunteers and Girl Scouts plan at the troop level.



## World Thinking Day February 22nd

Make plans now to commemorate [World Thinking Day](#), a global celebration of unity and change, that brings together Girl Scouts and Girl Guides from all corners of the globe.

Download the toolkits and  
get your patches!



## Celebrate Black History Month



February is [Black History Month](#), a time to honor and celebrate the achievements, contributions, and cultural impact of Black individuals throughout history. It is also a time to reflect on the struggles and challenges that Black communities have faced and continue to overcome.

Questions? Message the team at [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)

# Winter/Spring Family Programs

## Flurries & Fireside Family Festival

Friday, February 28th

5:30pm - 8:00pm

Hidden Lake Camp

Lake George

\$10/child



Girl Scouts of all ages,  
Families, siblings,  
friends and  
non-members welcome!

## Spring Family STEAM Day

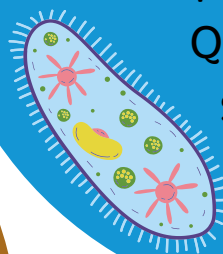
Saturday, March 22nd

10:00am - Noon

Camp Meadowbrook

Queensbury

\$25/child



## Family Picnic Pandemonium

Sunday, April 27th

Noon - 4:00pm

Camp Woodhaven

Galway

\$10/child



Adults free when  
accompanying a child

Register at [GirlScoutsNENY.org](https://GirlScoutsNENY.org)

Questions? Contact: 518.489.8110 or [customer care@girlscoutsneny.org](mailto:customer care@girlscoutsneny.org)



# Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

## How to Talk to Your Kids About Natural Disasters



In times of natural disaster, it's everyone's responsibility to come together to support and provide aid and comfort to those directly affected. And although it's simply human to get caught up in the harrowing news coverage, it's also important to note that the youngest members of our families and communities—your children—are watching and taking all of this in, too.

Getting involved, giving back, and making a difference are actions we all can and need to take when disaster strikes. Involving your daughter will not only potentially expand the impact you can make but also teach her about empathy and give her a sense of her power to do good in the world - [READ MORE](#)

**GSNENY's Mental Wellness Page [CLICK HERE](#)**

## Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE! Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last.

Patch recipients must be current GSNENY members.

**Please join us in thanking our Mental Wellness partners.**



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit [naminy.org](http://naminy.org)

# Adult Outdoor Education Weekend



## Volunteer Awards Submissions



The 2025 Volunteer Awards Submissions are live!

Nominate your favorite volunteer [HERE](#).

Deadline for awards is March 23, 2025 at midnight.

No paper nominations will be accepted. If you are unable to use the form please email [customer care@girlscoutsneny.org](mailto:customer care@girlscoutsneny.org) and one of our volunteer engagement specialists will be able to help you enter the awards into our system.



## *GSNENY Service Center Hours*

**9 am – 3 pm, Monday – Friday**

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org) to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)  
[to shop online!](#)**

**Girl Scouting builds girls of  
courage, confidence, and  
character, who make the  
world a better place.**

@GirlScoutsNENY | 518-489-8110 | [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)

**WWW.GIRLSCOUTSNENY.ORG**