

GS EXPRESS

JANUARY 30, 2025

girl scouts
of northeastern
new york



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Did You Know?

The 9th annual Girl Can Do! event collected over 1200 pounds of food for the Food Pantries of the Capital District. Nine teams of Girl Scouts collected non-perishable food and seven teams competed at the "Canstruction-style" building competition at Empire State Plaza on January 18th. January is usually the time when food bank reserves are at their lowest so the work of these Girl Scouts will undoubtedly help to make their communities a better place!

Join us next year for the 10th anniversary of
Girls Can Do!



New Leader Training

Join us for our FREE New Leader Training in February!

2/4/25- 6:00pm- Queensbury

2/5/25- 6:00pm- Plattsburgh

2/12/25- 6:00pm- Virtual via Zoom

2/18/25- 6:00pm- Albany

[CLICK HERE](#) for the Event Calendar

GSNENY Trainings New Leader Training



Four classes offered monthly*

- Virtual via zoom
- in-person at the Albany Service Center
- in-person at the Queensbury Service Center
- in-person at the Plattsburg Service Center

This free training provides a general overview of Girl Scouting. Covering specific policies, standards and guidelines GSNENY holds to each troop.

This training is required for all new Troop Leaders but any and all volunteers are welcome. Leaders can take this training as often as they choose and it does not expire.

***More Training dates available as needed.**

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Former Girl Scout Survey



If you were ever involved in Girl Scouts we'd love if you could fill out our survey! Fill out the survey [HERE](#).

By filling out our survey, you have the opportunity to share your unique Girl Scout story and reflect on the moments that have stayed with you through the years. Your feedback will not only help us understand the impact of Girl Scouts on individuals but also inspire the next generation of young girls who are embarking on their own Girl Scout journey.

Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

Last Chance

Squishy Circuit Creations -D/B

Feb 18, 6:00 PM - 8:00
PM, Queensbury

Advanced Outdoor Skills:

Snowshoe Dash - C/S/A
Feb 19, 1:30 PM - 3:30 PM
Lake George

Senior Journey in a Day Girlltopia

Wed Feb 19, 9:30 AM -
1:30 PM
East Greenbush

Upcoming Programs

Engine Nation - S

Mar 13, 7:00 PM - 9:00 PM
Albany

Spring Family STEAM

Day - all ages
Mar 22, 10:00 AM -
12:00 PM
Queensbury

Things that Fly & Glide

Apr 26, 2:00 PM - 5:00 PM
Lake George

Looking Ahead

Career Try It: Plumbers and Steamfitters

Apr 05, 8:00AM - 11:00AM,
Albany

Earth Day Celebration

All levels
Apr 26, 10:00 AM EST -
1:00 PM, Lake George

Wolf Mountain Overnight

C/S/A/Z
Jun 14, 1:00 PM -
Jun 15, 9:00 PM
Smyrna

Find MORE programs here!

[Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

Financial Assistance if available for year-round programs in our Council.

To learn more or apply, click [HERE](#)

Summer Camp 2025

Your Best Summer ever
is almost here!!



Summer Camp registration opens next
week, Wednesday, February 5th at 9am.
Check out all the amazing options [HERE](#)

Girl Scout Program Spotlight

Each month in Girl Scout Membership Year 2025, the Girl Scout Experience team will highlight a few Girl Scout programs or celebrations we think will be of interest to members. We'll share information, and activity ideas to help volunteers and Girl Scouts plan at the troop level.

Celebrate Black History Month

February is [Black History Month](#), a time to honor and celebrate the achievements, contributions, and cultural impact of Black individuals throughout history. It is also a time to reflect on the struggles and challenges that Black communities have faced and continue to overcome.



Get your free toolkit [HERE](#).
Plan your celebration
and earn your [patch](#)!

Tell us how your celebrating
Black History Month!
You can share details [HERE](#)



Questions? Message the team at customercare@girlscoutsneny.org

Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

Mental Health Matters Day

Girl Scout opportunity March 12, 2025

Our partner, the Mental Health Association in New York State (MHANYS) is partnering with the American Foundation for Suicide Prevention to host [Mental Health Matters Day](#) on March 12, 2025 at the [Empire State Plaza](#). Cadettes, Seniors & Ambassadors seeking their Democracy Badge are invited to come to Albany to experience the advocacy process firsthand, including a morning policy briefing where an overview of the critical pending issues impacting youth mental health, school mental health and community mental health will be provided by MHANYS leadership as well as from invited guests including state commissioners and key legislators. You can read more about those legislative priorities [here](#).

The interactive morning briefing will be followed by a rally to engage youth in demonstrating support of community mental health, and then an opportunity for Girl Scouts troops and their leaders to meet with their legislators to advocate on the priority issues.



Agenda (tentative):

8:00 am: Check-in

9:00 am – 12:00 pm:

Speakers & Rally

12:00 pm – 1:00 pm:

Break for Lunch

1:00 pm – 4:00 pm:

**Meet with Legislators
(optional)**

Girl Scout Troop Leaders are invited to register their troop online via the MHANYS website [here](#). Please be sure to enter “Girl Scouts of Northeastern New York” in the field for organization.

GSNENY's Mental Wellness Page [CLICK HERE](#)

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

GSNENY Service Center Hours

9 am – 3 pm, Monday – Friday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customer care@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)
[to shop online!](#)**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customer care@girlscoutsneny.org

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