

GS EXPRESS

OCTOBER 31, 2024

girl scouts
of northeastern
new york



IN THIS ISSUE

Encampment Director Training
[Page 01](#)

Fall Sweets and Treats
[Page 02](#)

Cookie Training Invite
[Page 02](#)

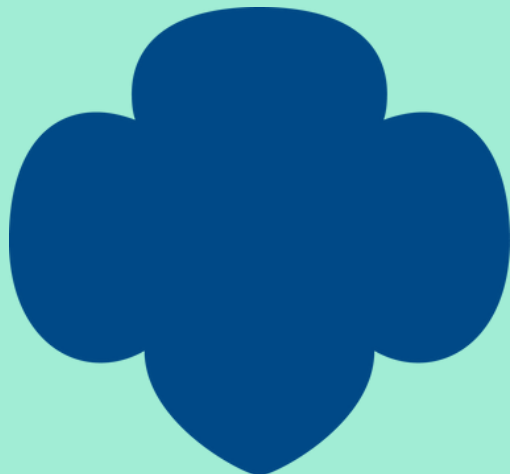
Ignite Her Flame
[Page 03](#)

Volunteer Conference
[Page 04](#)

Upcoming Girl Scout Programs
[Page 05](#)

Girl Scout Program Spotlight
[Page 06](#)

Resilient. Ready. Strong.
[Page 07](#)



Encampment Director Training

Tuesday, November 05 at 6:00 PM

Join us for our virtual Encampment Director
Training! Register [HERE!](#)

Volunteer Services Presents:

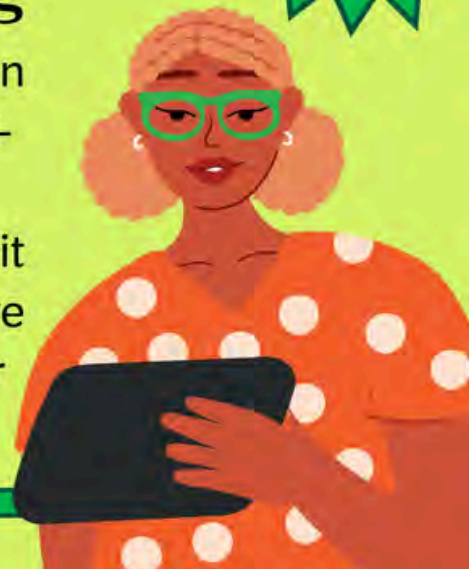


Encampment Director Training

6 times
per year

Virtual Training

In this training you will learn how to coordinate a multi-level troop overnight camping trip or Service Unit encampment. We will share things you should plan for and how to plan.



Fall Sweets and Treats

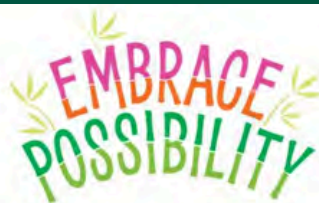
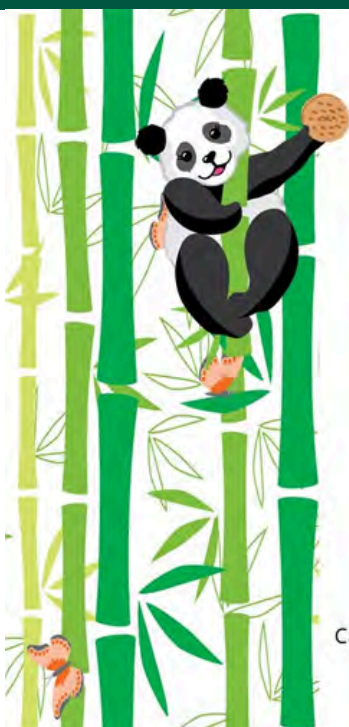


Drumroll please! 315 Girl Scouts met the requirements to be entered into the drawing to win Elsie the Asian Elephant giant plush. And the winner is...Jennie Ann Connors from troop 1735 in Cohoes! Great job and thank you all for your hard work!!

We are now ready to introduce you to the Troop Reward for the remainder of the Sweets & Treats Program! Troops who have 100% participation will be entered into a drawing to win an opportunity to take part in one of our "National Take a Hike Day" guided hikes on November 17, 2024. The Girl Scouts in the winning troop and two of their troop leaders will be able to choose from the hikes at Bennett Hill Preserve, 5 Rivers Environmental Education Center, or at Hidden Lake Camp. Participation is defined as sending 18 or more emails through the M2 system and/or selling one item. The in-person part of the sale ends on November 4th, the online portion ends on November 7th, and we will be drawing the winner on November 8th, so there's still plenty of time to start selling! Please reach out to customercare@girlscoutsneny.org if you have any questions!



Cookie Training Invite



**You're invited to the
2024-25 Cookie Season
SUCM Training**

Join us to hear all about:

- What's New for 2025
- eBudde Tips & Tricks
- And More!

Can't attend? Please let us know so we can send the recording.



**Tuesday,
November 12
@ 6:30 pm
(Virtual)**

Invite to be emailed closer to
training date.

Ignite Her Flame



The November fundraiser has been postponed.

Watch this space for a new winter date!

Take our survey to tell us your preferences.

Questions?

Contact Fund Development
at 518-489-8110 or
give2girlscouts@girlscoutsneny.org

Ignite Her



Flame

Save the Date!

2025

May 16-17
Hidden Lake
Camp



Volunteer Conference

This year's Volunteer Conference is more exciting than ever! We have a day full of classes (see the schedule [HERE](#)) and would love to have you join us!

Register [HERE](#)!

Volunteer Services Presents:

Volunteer Conference 2024

NOVEMBER 9 2024
9:30AM-4:00PM
CAMP MEADOWBROOK



Participate in our annual Volunteer Conference, designed to delve into the resources available to our Volunteers, learn about topics important to your troop and meet your fellow leaders!

ROUND TABLE DISCUSSIONS:

K-5 Troops

Older Girl Troops

Troop Trips

Recognitions & Awards

GUEST SPEAKERS:



CHRISTINE DODD
Rallyhood



TESS MCCAFFREY
Higher Awards



BRANDI HAMILTON
Talk Saves Lives



JILL RAFFERTY-WEINISCH
The Campfire

OTHER TOPICS:



GS TECHNOLOGY



TROOP FINANCES



SELF CARE



WORLD THINKING DAY 2025

AND MORE!

girlscouts
of northeastern
new york

518-489-8110
customer@girlscoutsneny.org
www.girlscoutsneny.org

\$30

lunch and
supplies included

Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

Fall into Fun:

Brownie My Own Budget Badge B

11/13/2024 6:30pm - 8:00pm
Albany Service Center, Albany

GS Engineering Day with Society of Women Engineers - B/J

11/16/2024 9:00am - 12:00pm
RPI campus, Troy



Bronze Award Workshop J

11/7/2024 6:00pm - 7:00pm
Zoom, Virtual

Outdoor Skills Spectacular: Gobble Quest Geocache B/J

11/16/2024 10:00am - 12:00pm
Lake George

Advanced Outdoor Skills:

Turkey Trek Geocache C/S/A

11/16/2024 1:30pm - 3:30pm
Lake George



Silver and Gold Workshop C/S/A

11/19/2024 6:00pm - 7:00pm
Zoom, Virtual

Girl Scouts on pointe!

Nutcracker! Magical Christmas Ballet

12/3/2024
7:00pm - 10:00pm
Albany



Find MORE programs here!
[Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

Girl Scout Program Spotlight

Each month in Girl Scout Membership Year 2025, the Girl Scout Experience team will highlight a few Girl Scout programs or celebrations we think will be of interest to members. The month before, we'll share information, and activity ideas to help volunteers and Girl Scouts plan at the troop level.



Take a Hike Day
Sunday, November 17th
Join Council Staff on one of
these hikes or plan your own!

9am - 12:30pm

@ Hidden Lake Camp C/S/A

1pm - 3:00pm

@ Hidden Lake Camp D/B/J

1pm - 3pm

@ Bennett Hill

All Levels

2pm - 4pm

@ Five Rivers Environmental Center

All Levels



Questions? Message the team at customercare@girlscoutsneny.org

Let us know how your troop is celebrating and participating by sending a message to marketing@girlscoutsneny.org

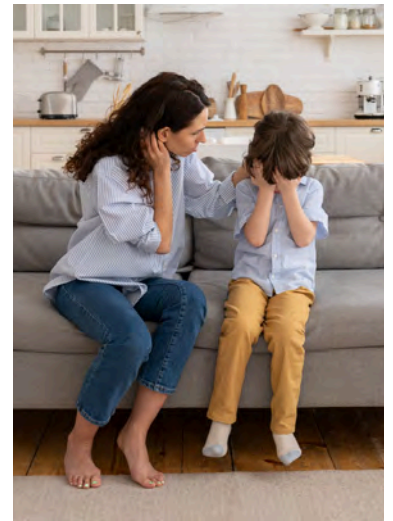


Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

Explaining the News to Our Kids

Kids get news from a variety of places, from friends, TikTok, YouTube, or home, they can be inundated with information, different perspectives, and even graphic images and videos of breaking news. Kids in elementary and middle school may have trouble fully understanding news events. And though older teens are better able to understand the gravity or complexity of situations, even they face challenges when it comes to sifting fact from opinion—or misinformation. No matter how old your kids are, threatening or upsetting news can affect them emotionally. Many can feel worried, frightened, angry, or even guilty. And these anxious feelings can continue as additional details are revealed and reported. So what can you do as a parent or caregiver to help your kids process all this information? [Read More](#)



GSNENY's Mental Wellness Page [CLICK HERE](#)

Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE! Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last.

Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

GSNENY Service Center Hours

9 am – 3 pm, Monday – Friday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customer care@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)
[to shop online!](#)**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customer care@girlscoutsneny.org

WWW.GIRLSCOUTSNENY.ORG