

# GS EXPRESS

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## Service Unit Delegates



### Represent your Service Unit!



***It's your time to make a difference!***

Right now, Service Units are electing their delegates and alternates! Final results are due to Council 12/1.

As a delegate or alternate, you will be the voice of the members in your service unit and will help to develop GSNENY's strategic plan for FY26-29!

Contact your Service Unit Manager for more information.

# Take The Alumni Survey



If you were ever involved in Girl Scouts we'd love if you could fill out our survey!  
Fill out the survey [HERE](#)

By filling out our survey, you have the opportunity to share your unique Girl Scout story and reflect on the moments that have stayed with you through the years. Your feedback will not only help us understand the impact of Girl Scouts on individuals but also inspire the next generation of young girls who are embarking on their own Girl Scout journey.

Girl Scouting isn't something you do—it's a piece of who you are. Your experiences, skills, and memories are all part of what makes you the incredible person you are today. Your memories of camping trips, earning badges, volunteering in your community, and making lifelong friendships are all testaments to the positive impact of Girl Scouting.

Thank you for being a part of the Girl Scout sisterhood and for contributing to the legacy of courage, confidence, and character that defines the Girl Scout experience. Your voice matters, and your story is a valuable piece of the rich tapestry of Girl Scouting history.

# Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

## Things that Fly & Glide

12/07/2024

10:00 AM - 12:00 PM

East Greenbush

## HerStory: Inspiring Female Leader

12/07/2024

10:00 AM - 12:00 PM

Queensbury

## Brownie My Own Budget Badge

12/10/2024

6:30 PM - 8:00 PM

Queensbury

## Highest Awards for Troop leaders and Caregivers

12/11/2024

6:00 PM EST - 7:00 PM

Virtual

## Silver and Gold Workshop

12/18/2024

6:00 PM EST - 7:00 PM

Virtual



Find MORE programs here!  
[Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)

Financial Assistance if available for year-round programs in our Council.

To learn more or apply, click [HERE](#)

# Girl Scout Program Spotlight

Each month in Girl Scout Membership Year 2025, the Girl Scout Experience team will highlight a few Girl Scout programs or celebrations we think will be of interest to members. We'll share information, and activity ideas to help volunteers and Girl Scouts plan at the troop level.

## Plan for December!

World Wildlife  
Conservation Day  
December 4th  
Free Toolkit [HERE!](#)



National Slime Day  
December 7th  
Free Toolkit [HERE!](#)



Tell Your Story!

Take a Hike Day  
Share photos and  
stories from your  
hike [HERE!](#)



Questions? Message the team at  
[customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)



# Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

## GSNENY Girl Scouts and Mental Health

Thanks to GSUSA and a generous donor, our Council has been able to offer the Resilient Ready Strong patch to Girl Scouts who complete the requirements...for FREE! Since March of 2024, over 150 Girl Scouts have claimed their patch, and they've answered some questions we had about the way that being a Girl Scout to help build positive mental wellness.



Check out these statistics! 96% of Girl Scouts said that being a Girl Scout helps them feel less stressed and anxious. 98% said that completing the patch helped them think differently about the things that make them feel sad or worried and 99% said that Girl Scouts was a place where they feel they belong. There's still time to claim your patch. See below for details!

**GSNENY's Mental Wellness Page [CLICK HERE](#)**

### Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE! Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last.

Patch recipients must be current GSNENY members.

**Please join us in thanking our Mental Wellness partners.**



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit [naminys.org](http://naminys.org)

# Outdoor Education Weekend

Registration Information coming soon!



## Girl Scout Experience Box

Enjoy Girl Scouts unboxing one of our Girl Scout Experience boxes! This is a box filled with step-by-step instructions, ready-to-go supplies, and thoughtful script suggestions. They even follow the Girl Scout troop Year Planner. This month Girl Scouts are opening the Welcome Box which is one of the first boxes you get on your Daisy journey. Girl Scout Experience boxes are for majority first-year Daisy Troops. If you have at least 70% daisies in their first year and haven't signed up yet contact [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org) and we can get you signed up right away!



# Troop Cookie Training 2025

Attention Troop Cookie Managers!

Register now for troop cookie manager training, being held in January. If you can't make the training, please let us know by emailing [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org) and we'll make sure you receive the recording. If your Service Unit is holding a training, you do not need to attend a Council training.



**Topic: Cookies 2025 New TCM Training**

**When: Jan 7, 2025 06:30 PM Eastern Time**  
Register in advance for this webinar [HERE](#)

After registering, you will receive a confirmation email containing information about joining the webinar.

**Topic: Cookies 2025 Returning TCM Cookie Training**

**When: Jan 8, 2025 06:30 PM Eastern Time**  
Register in advance for this webinar [HERE](#)

After registering, you will receive a confirmation email containing information about joining the webinar.





# MLB Play Box



**We have a new grow your troop initiative!**

**For every new girl that troops welcome from November 18th through December 18th they will get an entry to win an MLB Play Box for their troop!**

**Who is eligible:**

**Troops of all levels who were formed before 11/1/2024.**

**How can you earn a raffle entry:**

**We will keep track of all girls added into troops between 11/18 and 12/18,**

**they must be registered and their participation in the troop being between those times. For each girl welcomed into the troop another entry will be added (if you welcome 3 girls, you will get 3 entries).**

**What is in the box:**

**The MLB play box includes:**

- **A leader activity guide including 6 different activities**
  - **2 bats**
  - **1 throw-down base sets**
- **Package of plastic softballs**
- **Package of foam baseballs**

**When will the winners be selected:**

**5 MLB boxes are available in this raffle, winners will be announced in the beginning of January.**





# Secret Agent Starter Pack



You may soon see Girl Scout NENY social media posts about Secret Agent Starter Guide.

These posts are designed to engage new members, but we want to include our existing members as well! Instead of going through the online form for the packet we are sending it out to you!

[HERE](#) you'll find the booklet to use with your Girl Scouts, individually or as a troop.

## Invite Your Friends to Girl Scouts

Is your girl having a blast as a Girl Scout?

Do you have a friend who would love to join in on the fun?

Now she can join, and you both can earn an awesome, exclusive patch.

Once she is registered fill out a form [HERE](#) and get your patch!



## *GSNENY Service Center Hours*

**9 am – 3 pm, Monday – Friday**

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org) to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)  
[to shop online!](#)**

**Girl Scouting builds girls of  
courage, confidence, and  
character, who make the  
world a better place.**

@GirlScoutsNENY | 518-489-8110 | [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)

**WWW.GIRLSCOUTSNENY.ORG**