

GS EXPRESS

MARCH 20, 2025

girl scouts
of northeastern
new york



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Volunteer Appreciation Dinner

In 2025 GSNENY Council is holding one dinner across our entire footprint to have everyone come together and mingle! All GSNENY Volunteers are welcome to come free of charge. If you are not a volunteer but would like to attend to support someone, the cost is \$35 for non-members, or \$25 to get a membership.

Register [HERE!](#)

Volunteer Appreciation Dinner and recognition ceremony

April 25, 2025
Fort William Henry
Lake George, NY

5:30pm-8:30pm



Annual Meeting of the Members

Saturday, March 29, 2025

Begins at 10 a.m.

**Held in person at La Salle Institute, 174 Williams Rd, Troy, NY
or via livestream***



All registered members of Girl Scouts of Northeastern New York are welcome to attend the Annual Meeting of the Members.

The purpose of the Annual Meeting is to vote for the Slate of Officers and Adult and Girl Members-at-Large for the Board of Directors, the Slate for the Nominating and Board Development Committee Members, and the Slate of National Council Delegates and Alternates. The State of the Council, including the Treasurer's Report, will also be highlighted.

[Click here to register](#)

Registration closes 3/26

***livestream link is for nonvoting members. Use the link to register and the link will be sent to you 48 hours before the meeting. The livestream link will also be posted to our [website](#).**

Early Renewals

**2026
Renewal Rewards**

First 100 Girls to Renew will receive this special edition Early Bird 2026 Patch!



Girls Renewed by April 25th will receive this limited-edition custom patch!



Renewals start April 1st
Council wide eligibility, not divided by region.

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Early Renewal Incentives 2025-2026
Girls and Adults who renew for MY 26
are eligible for renewal awards!

Renewals Start April 1st!

*Council wide eligibility, not divided by
region.

Patches and folios available for pickup
at the Volunteer Appreciation Dinner,
4/25/25.

Parties and Experience rewards must
be used by 4/1/26.

To be eligible for the troop renewal
incentive, troop must contain two
registered adults (with background
checks) plus 5 registered girls,
exceptions can be made for
Senior/Ambassador Troops.

Troop Incentives*

90% of Girls renewed
and 2 volunteers by June 30th

Receive a curated GSNENY
Experience Box designed for
your troop level and region

First Troop*

renew 100% of their membership

Experience of your choosing.
Up to \$20 per girl!

First 10 Troops*

renew 100% of their membership

Ice Cream Party at one of the
Service Centers for entire troop!

Service Unit Incentives

**Gold: Renew 100% of
adults and girls**

T-Shirt for SUM, Patch for each leader,
Certificate, GS Express recognition

**Silver: 80% adults;
90% of girls**

Patch for each leader, Certificate,
GS Express recognition

**Bronze: 75% adults;
75% of girls**

Certificate of Accomplishment,
GS Express Recognition

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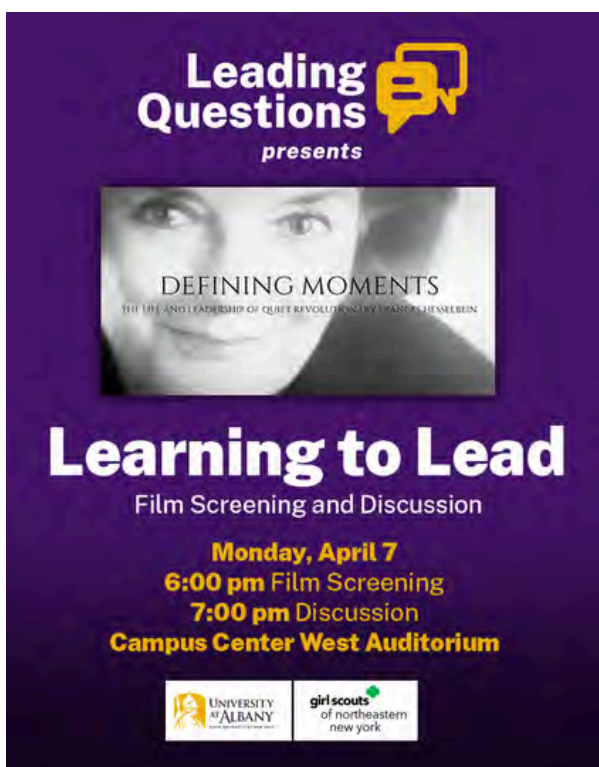


Volunteer Awards Submissions

The 2025 Volunteer Awards Submissions are live! Nominate your favorite volunteer [HERE](#). Deadline for submissions is March 23, 2025 at midnight. No paper nominations will be accepted. If you are unable to use the form please email customercare@girlscoutsneny.org and one of our volunteer engagement specialists will be able to help you enter the awards into our system.



“Defining Moments” Documentary



Join Girl Scouts of Northeastern New York, and our partner, the University at Albany, for an exclusive screening of the documentary *Defining Moments: The Life and Leadership of Quiet Revolutionary Frances Hesselbein*. Hesselbein was the extraordinary former CEO of Girl Scouts of the USA and renowned expert on leadership. Immediately following, join us for a panel discussion on women’s leadership!

This event is free and open to all. [CLICK HERE](#) for more information and to register.

Questions? Contact Renee Kelly, Vice President of Fund Development at rkelly@girlscoutsneny.org or (518) 489-8110.

Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

Last Chance

Career Try It: Plumbers
and Steamfitters

Apr 05, 8:00 - 11:00 AM
Albany

Welcome to Cadettes

Apr 12, 9:00 AM -
3:00 PM
Galway

Spring Spectacular
Teen Leaders

Apr 12, 9:30 AM -
12:30 PM
East Greenbush

Upcoming Programs

Earth Day Celebration

Apr 26, 10:00 AM -
1:00 PM
Lake George

Family Picnic
Pandemonium

Apr 27, 12:00 -
4:00 PM
Galway

Numbers in Nature - D/B
Apr 16, 9:30 AM - 12:00 PM
Galway

Numbers in Nature - B/J
Apr 16, 1:30 PM - 4:00 PM
Galway

Looking Ahead

Treasure Hunt

May 10, 10:00 AM - 12:00 PM
Queensbury

Exploration Day at
Hidden Lake Camp

May 17, 9:00 AM -
3:00 PM
Lake George

Art of Relaxation

May 17, 10:00 AM -
2:00 PM
East Greenbush

Buried Treasure

May 10, 1:00 PM - 3:00 PM
Queensbury

Find MORE programs here!

[Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

Financial Assistance if available for year-round programs in our Council.

To learn more or apply, click [HERE](#)

Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

Yes, Your Daughter Just Called Herself Fat



“I’m fat.” Those are just two little words, five letters in total, but coming from your daughter, they’re enough to make your heart totally sink. How could a girl who’s typically so kind and accepting of others be so disparaging of herself? According to studies, a whopping 80 percent of 10-year-olds are afraid of being fat.

Why? Because they’re constantly surrounded by both subtle and direct messages that curvier or heavier girls aren’t as well liked, aren’t as likely to succeed in business, and in general, aren’t going to have as much fun or happiness in their lives. So, when your daughter does call herself fat, as her parent your instinct might be to immediately brush off her concerns by saying something like, “Don’t be silly! You’re beautiful!” The thing is, though, that response might actually do more harm than good says Girl Scouts’ Developmental Psychologist, Dr. Andrea Bastiani Archibald. Heres what to do instead [READ MORE](#)

GSNENY's Mental Wellness Page [CLICK HERE](#)



Resilient, Ready, Strong Patch Giveaway!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last. Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminy.org

Summer Camp 2025

Camp Registration is OPEN! Click [HERE](#) to dive into a full list of Summer Camp 2025 Day and Overnight programs for Girl Scouts of every level and get ready for your BEST SUMMER EVER!



Together at Camp!

For Daisies,
Brownies, Juniors
and their adult
buddies

Two is better than one and what better way to experience camp than with your favorite grown-up? Come to camp with your adult buddy and make sure you both bring your sense of adventure! You'll get the chance to bond with your fellow campers and make memories that will last a lifetime while you enjoy fun activities at camp together. This three-day, two-night experience provides the perfect opportunity to meet new people and form lasting friendships and is a great way to get to know camp for the first time.

Hidden Lake Camp,
Lake George
July 6th - 11th

Lake Clear Camp,
(near Saranac Lake)
August 3rd - 8th

Use your Cookie Dough or S'mores Club to pay for Camp! Girl Scouts who participate in Cookie and Sweets & Treats sales can earn Cookie Dough or S'mores Club vouchers which can be used to pay for camp balances (they may not be used for the initial deposit). Set your goal now and think about all the fun the awaits you this summer! Contact Customer Care to check or redeem your balance.



For more information, contact customercare@girlscoutsneny.org

Girl Scout Program Spotlight

Each month in Girl Scout Membership Year 2025, the Girl Scout Experience team will highlight a few Girl Scout programs or celebrations we think will be of interest to members. We'll share information, and activity ideas to help volunteers and Girl Scouts plan at the troop level.

Plan for April

Earth
April 22nd



Get your Toolkit
[HERE](#)

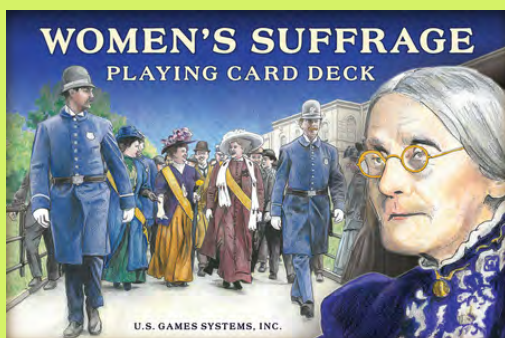
The Girl Scout
Tree Promise



Learn More
[HERE](#)

Celebrate Women's History Month

Learn more about the Women's
Suffrage Movement and get a special
deck of playing cards!
Click [HERE](#) to learn more!

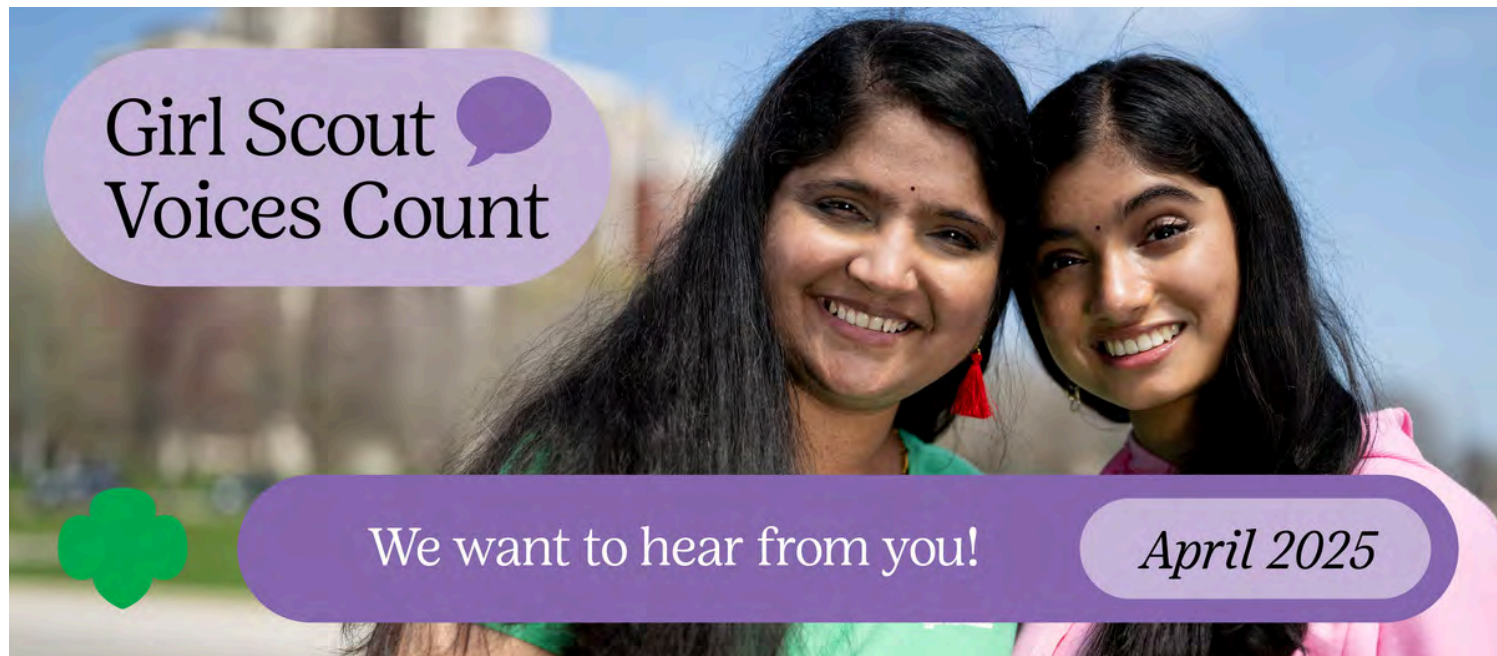


Celebrate the US Mint's
release of the Juliette
Gordon Low Quarter!
Click [HERE](#) for a toolkit!

Questions? Message the team at customercare@girlscoutsneny.org

Girl Scout Voices Count

We want to hear from you! Girl Scout Voices Count survey coming in April.



You spoke. We listened.

Last year, over 60,000 Girl Scouts completed our annual Girl Scout Voices Count national survey to tell us about their Girl Scout experiences. Feedback is used to make national programs more engaging, inclusive, and hands-on.

Your voice matters and makes Girl Scouting better for everyone—so we want to hear from you!

In April, we'll be conducting our Girl Scout Voices Count national survey of Girl Scouts. The feedback you provide is so important as it helps us improve Girl Scout programs and services.

The GSVC Girl Scout Survey launches on April 7! Watch your email for your invitation, plus reminders by email—and by text if you've opted in. As a thank you, everyone who completes the survey will have a chance to win 1 of 20 \$50 gift cards. We're looking forward to hearing from you!

If you have any questions, please email GSVoicesCount@girlscouts.org.

GSNENY Service Center Hours

9 am – 3 pm, Monday – Friday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customer care@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)
[to shop online!](#)**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customer care@girlscoutsneny.org

WWW.GIRLSCOUTSNENY.ORG