

GS EXPRESS

MAY 1, 2025



IN THIS ISSUE

Youth Mental Health First Aid
[Page 01](#)

Early Renewals
[Page 02](#)

2025 Volunteer Award
Recipients
[Page 03](#)

Thank You To Our Volunteers
[Page 04](#)

Outdoor Education Weekend
[Page 05](#)

New Leader Training
[Page 05](#)

Upcoming Girl Scout Programs
[Page 06](#)

Resilient. Ready. Strong.
[Page 07](#)

Summer Camp 2025
[Page 08](#)



Youth Mental Health First Aid

GSNENY recognizes that mental health crises in our communities are at record levels. We also know that caring adults who spend time around young people are in a unique position to identify challenges and get them help when needed.

This is a Blended Course and the prerequisites will be provided to you. The in-person portion will take place at our Albany Service Center at 8 Mountainview Avenue, Albany, NY, on May 31.

Register [HERE](#)



Early Renewals

2026 Renewal Rewards



Lunch with the CEO

Brenda Episcopo

Girls renewed between 4/1/25
and 5/30/25 are entered in a
random drawing to win.



Troop Renewal Incentive:

Troops who reach or exceed
90% of their MY 2025 girl
number (by renewing
current members or signing
up new ones) by June 30th.

To be eligible for the troop
renewal incentive, troop
must contain two
registered adults (with
background checks) plus 5
registered girls, exceptions
can be made for
Senior/Ambassador Troops.

Renew [HERE](#)

GSNENY Council will
count memberships on
April 1, this is the number
used to calculate
percentage for renew on
July 1. Percentages
calculated include
renewing members and
new members after
April 1.

2026 Renewal Rewards

Troop Renewal Incentive



Receive a curated
GSNENY Experience Box
designed for your troop
level and region



2025 Volunteer Award Recipients

Congratulations to all the 2025 Volunteer Award Recipients!

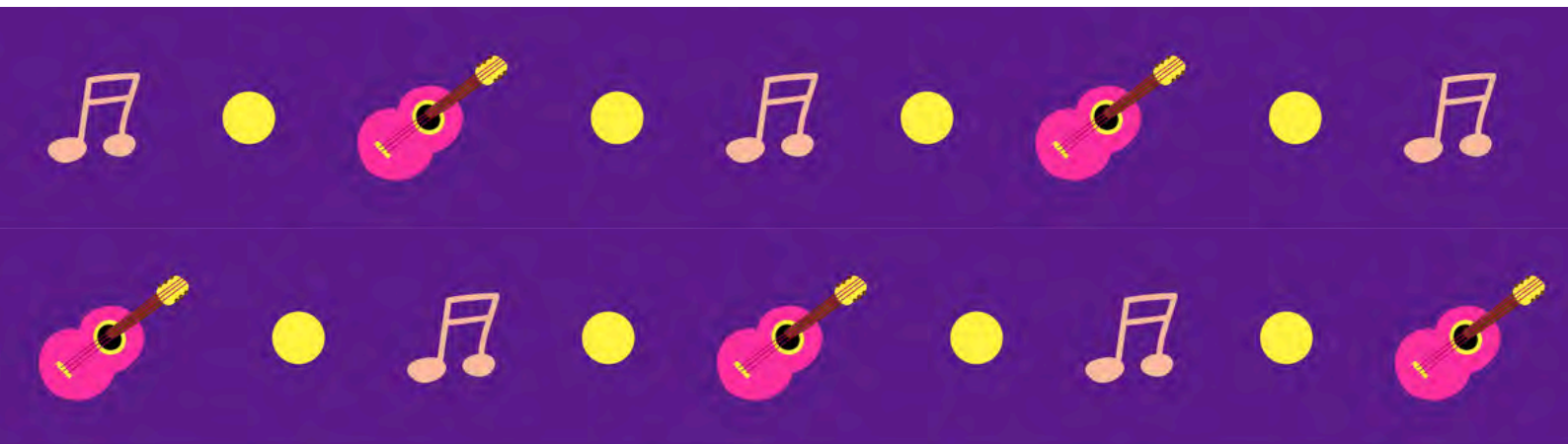
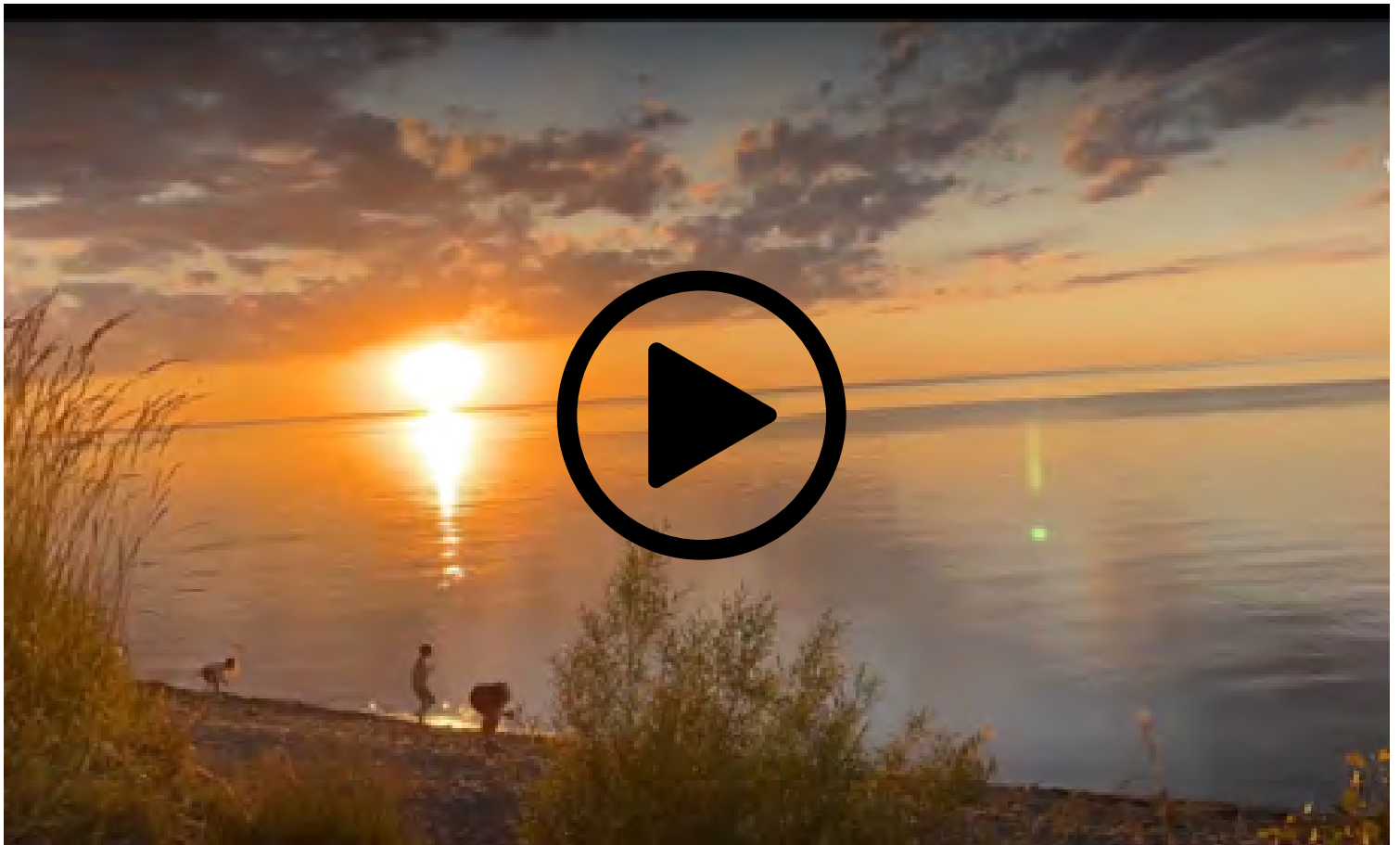
 Volunteer Award Recipients 			
Abigail Reilly	Desiree Lasalle	Kimberly Priest	Nicole Connors
Abbye Harlow	Diana Juracka	Krista Flint Suave	Nicole Meacham
Ahbra Kaufman	Eileen Smith	Kristen Collins	Nicole Sandor
Alexis Stefanacci	Elizabeth Alling	Kristen Houghton	Nikki Smith
Alicia DeSieno	Elizabeth Capon	Kristin Kilmer	Pamela Susice
Allyson Rogers	Elizabeth Poulin	Kristina Honsinger	Paul Cournoyer
Amanda Anderson	Elizabeth Sitterley	Lacey Hoy-Rushford	Paula Bachman
Amanda Chetwynd	Emily Dick	Larissa Kagel	Rachael Pawlick
Amber Lloyd	Emily Estes	LaRonda Famodu	Rachel Estes
Amber Stahl	Erin Terrizzi	Latwauna Nowak	Rebecca Brown
Amee Rock	Frances Villavicencio	Laura Brittain	Rebecca Chauvin
Andrea Hudak	Geri Kaplan-Downs	Laura Robertson	Robin Halko
Angela Klein	Gina Brightwell	Laura Stukenborg	Robin Philistin
Annaliese Spilken	Ginger Will	Laurel Plante	Rosalie Samelski
Anne Hall	Ginny Rosborough	Lauren Petteys	Rose Cournoyer
Anne Orgren	Heather Guilder	Linda Sciocchetti	Ryan Spilken
April Soltren	Heather Holden	Lisa Chase	Samantha Cain
Ariah Brown	Jackie Whittington	Lisa Morlitz	Samantha Gladd
Ariana Sheehan	Jamie LaMora	Lisa Nally	Savannah Brenenstuhl
Ashlee Aubrey	Jamie Lemiszki	Lyndsay Stevens	Serina Charland
Barbara Schielke	Jean Sheridan	Lynne Harting	Shannon Thomarie
Barbara Rote	Jeannette Roberts	Mandi LaPort	Sharon Connors
Elizabeth (Betsy) Ryan	Jennifer Austin	Marcie Reardon	Sharon Szabunka
Beverly Rauch	Jennifer Cass	Margaret Cayea	Shauna Smith
Bill Jeffers	Jennifer Hoffman	Margaret Strickland	Shane Marr
Blair Notaro	Jennifer Luther	Mariah Frasier	Shelbi St Mary
Brandi Ewing	Jennifer Edson	Marian Eck	Stacey Shepard
Careana Gratton- Turcotte	Jessica Kumar	Marissa Bieber	Staci Vanier
Chelsey Pierce	Jessica Lafex	Marlene Michels	Stacy Mclean
Cheryl Rockhill	Jill Johnson	Mary Hollister	Stephanie Bright
Christine Beattie	Jillian Gale	Mary Sieder	Stephanie Ingersoll
Christine Frasier	Jonathan Hamburger	Mary-Jane Rooney	Stevie Greenwood
Christine Jabaut	Julie Levin	Marylou Hedge	Terri Suddard
Christine King	Kaitlyn Foley	Meagan Bartlett	Thatyane Nobre-Pavinatto
Cindy Fontaine	Karen Ashline	Melanie Fullum	Tiffany Hurley
Coleen Kern	Karen Mastromarchi	Melinda Nemec	Tiffany Stone
Courtney Downs	Kari Kurtz	Meredith Martin	Tricia Pleu
Cynthia Bennett	Kathleen Stuart	Michala Seibert	Valerie Plamondon
Cynthia Pratt	Kelly McCoy	Michele Kuhns	Veronica Roddy
Danielle LaPre	Kerri Hart	Michele McCloud	Victoria Chapin
Danielle Martin	Kerri Zappala-Piemme	Myla Kramer	Wayne DelGrosso
Danielle Puma	Kiersten Kotronis	Naomi Bell	Wendy Delacruz
Danielle Mahoney	Kim Palmieri	Nicholas Rock	Wendy Fitzgerald
Darcy Beaulac	Kimberely Austin	Nick Alling	William Turcotte
Debernee Privott	Kimberly Frasier	Nicole Cayetano	

2025

Thank You To Our Volunteers

Thank You to all of our wonderful adult volunteers who make Girl Scouting such a memorable experience for the girls in our council!

Watch the video below for a message from our Girl Scouts.



Outdoor Education Weekend



Join us for our Adult Outdoor Education Weekend at Hidden Lake! You are invited to stay at camp or just come for the day. We are hosting many classes such as Blended Outdoor Skills, Encampment Director, Fishing, Lodge Only Camping, CPR/First Aid, Self Defense, Archery, Outdoor Skills Workshops, SWAPS and much more! Child programming will be offered through the Girl Experience team on Saturday for those who need it for an additional fee.

Register [HERE](#)

New Leader Training

This free training provides a general overview of Girl Scouting covering specific policies, standards and guidelines GSNENY holds to each troop. This training is required for all new Troop Leaders but any and all volunteers are welcome. Leaders can take this training as often as they choose and it does not expire.

Four Classes monthly*

- Virtual via zoom
- in-person at the Albany Service Center
- in-person at the Queensbury Service Center
- in-person at the Plattsburg Service Center

*more date available upon request

Register [HERE](#)



Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!

Last Chance

Exploration Day at Hidden Lake Camp

May 17, 9:00 - 3:00PM
Lake George

Art of Relaxation

May 17, 10:00 - 2:00PM
East Greenbush

Spring Sisterhood She-nanigans

May 24, 1:00 PM - May
25, 3:00PM
Galway

Bronze Award Workshop

May 29, 6:00 - 7:00PM
Virtual

Upcoming Programs

Intro to Backpacking

May 30, 5:00 PM through
Jun 01, 2:00 PM
Lake George

I Tried Camp (D/B/J)

Jun 07, 9:00AM - 11:00AM
East Greenbush

I Tried Camp (C/S/A)

Jun 07, 11:30 AM - 1:30 PM
East Greenbush

Silver and Gold Workshop

Jun 18, 6:00 - 7:00 PM
Virtual

Looking Ahead

Exploring Corning and Watkins Glen

Jul 17, 10:00 AM -
Jul 20, 5:00 PM
Corning & Watkins Glen

Career Exploration: Law Enforcement and Beyond

Aug 04, 9:00 AM - 4:00 PM
Albany

Wild Center Weekend

Aug 29, 6:00 PM through
Aug 31, 11:00 AM
Lake Clear

Find MORE programs here!
[Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

Financial Assistance if available for year-round programs in our Council.
To learn more or apply, click [HERE](#)

Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

Bring Her Indoor Passions to Life Outdoors!

Not every girl has a natural love of hiking, climbing, and camping. Maybe your girl is more the indoor type, preferring to explore her interests with all the comforts of home. That's great! She's interested, she's engaged, and she's learning and growing. But because girls can benefit so much by getting outside and exploring nature, wouldn't it be great if she took her indoor interests outdoors?

Inspire her! Try one of these suggestions, suited for every type of girl, to infuse the natural world into her traditionally inside pursuits: [READ MORE](#)



GSNENY's Mental Wellness Page [CLICK HERE](#)

Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last. Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

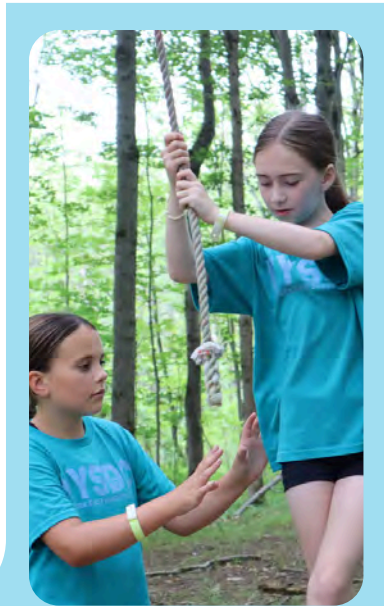
Summer Camp 2025

Summer is almost here and space is still available in many of our most popular camps! Click [HERE](#) to dive into a full list of Day and Overnight programs for Girl Scouts of every level and get ready for your BEST SUMMER EVER!

From outdoor adventures to fireside tales, creative crafts and campfires, campers will share stories and unleash the magic of this Summer! You don't want to miss out!

Treetops & Teamwork

[July 20th-25th](#) (C/S/A)
at Hidden Lake Camp



Pirates & Mermaids

[July 13th-18th](#) (B)
at Hidden Lake Camp

C.A.M.P. Creative Adventures and Magical Possibilities

[July 6th - 11th](#) (C)
[July 20th-25th](#) (B/J)
at Hidden Lake Camp
[August 3rd-8th](#) (J)
at Lake Clear Camp

Wilderness Wonders

[August 10th-15th](#) (B/J)
at Lake Clear Camp

Troop Camping

[July 27th-29th](#) (all)
at Hidden Lake Camp
[August 17th-19th](#) (all)
at Lake Clear Camp

Camp After Hours

[July 6th - 11th](#) (CSA)
at Hidden Lake Camp



Use your Cookie Dough or S'mores Club to pay for Camp! Girl Scouts who participate in Cookie and Sweets & Treats sales can earn Cookie Dough or S'mores Club vouchers which can be used to pay for camp balances (they may not be used for the initial deposit). Set your goal now and think about all the fun the awaits you this summer!

Contact Customer Care to check or redeem your balance.

For more information, contact customercare@girlscoutsneny.org

GSNENY Service Center Hours

9 am – 3 pm, Monday – Friday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customercare@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



CLICK HERE
to shop online!

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

WWW.GIRLSCOUTSNENY.ORG