

# GS EXPRESS

MAY 16, 2024



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## We're Hiring Summer Camp Nurses!



**We're Hiring!**  
**Summer Camp Nurses!**  
RN or LPN

Will consider  
candidates  
interested in both  
positions, or partial  
positions

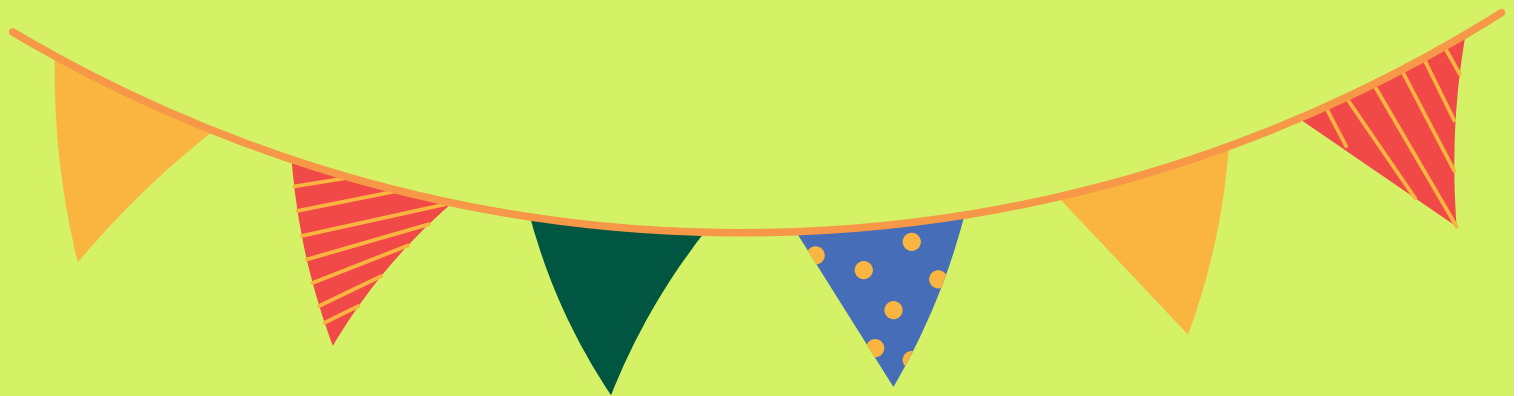
Hidden Lake Camp,  
Lake George, NY  
6/22 -8/2

Lake Clear Camp  
Saranac Lake, NY  
7/28 - 8/23

Click here for a full  
listing of  
[camp job openings](#)

**Please consider sharing  
with your networks!**

# Hidden Lake Birthday Party



YOU'RE INVITED

## HIDDEN LAKE CAMP'S 80TH BIRTHDAY PARTY

THURSDAY

JUNE **20** 6:30 - 7:30

CAMP DINING HALL  
1799 NY 9, LAKE LUZERNE NY

Join us as we celebrate eighty years of a beloved camp with an exhibit of memorabilia, assembled by the GSNENY archives committee, a presentation on forestry management by Forester Ben Pokon and, of course...birthday cake!

### FREE EVENT

Wish Hidden Lake a Happy Birthday by purchasing an item from the Camp Wishlist or make a contribution to fund Access to Camp!

For more information contact:  
[customer care@girlscoutsneny.org](mailto:customer care@girlscoutsneny.org) 518.489.8110

girl scouts   
of northeastern  
new york

This program made possible by a grant from GSUSA and the Elliot Wildlife Values Project.

# Outdoor Education Day



Join us for our Outdoor Education Day at Camp Meadowbrook! Registrants are invited to stay over on Friday night and join us on Saturday evening for a campfire and smores. We are hosting many classes such as blended outdoor skills, how to rent our camps, fishing, self-care, and much more! Your last chance to register for this great event is May 30th so you still have time! Register [HERE](#)

# Capital Region Pride Parade



Join Service Unit 153 and other Girl Scout troops and Service Units at the Capital Region Pride Parade! The parade is on June 9th. All GS and families are welcome to join. This is not a drop-off event so please plan to stay with your people. The parade kicks off at 11:30 am and Coleen asks that everyone show up by 11 am. Find her red Toyota truck with a tent in the back bed in the line-up. Bring a bandana to wear on your head in a color of the rainbow. Feel free to bring bubble wands so everyone can find us. Coleen will try to secure water for this event but please bring a water bottle with you. If you have questions please contact Coleen at [colkern@gmail.com](mailto:colkern@gmail.com). Information can also be found on our Capital Region Pride Page, [HERE](#).

# Early Bird Renewal



Your Year of  
Adventure

[RENEW NOW](#)

Hey Girl Scout, what an amazing year it's been! Now get ready for another one filled with unforgettable field trips, energizing community projects, and new passions to share with forever friends. Let's do it again.

[CLICK HERE](#) to see all the renewal incentives available!



# Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

## 10 Times She Shouldn't Say "Sorry"



You're raising your girl to be responsible for what she says and does, and to know when and how to give a sincere apology when she messes up. But is she apologizing more than she needs to? Studies show women are more likely than men to presume they were in the wrong or think their own actions might have upset someone, and those patterns start early.

Read this list with your girl, and remind her that although it's important to make amends when she's truly done something wrong, apologizing when she hasn't can undermine how others see her and damage her self-worth.

[READ MORE](#)

**GSNENY's Mental Wellness Page [CLICK HERE](#)**

## Practice Self-Care with Mental Wellness Patch Programs

The Mental Wellness patch programs help youth learn about self-care, build healthy habits, safely explore their feelings, and to seek support and resources in a safe setting.

Check out:



Knowing My Emotions, Juniors  
Finding My Voice, Cadettes

Showing Up For Me and You, Seniors and Ambassadors



Detailed activities, meeting tools, and additional resources and materials can be found within the Volunteer Toolkit (VTK) and on our [website](#).

**Please join us in thanking our Mental Wellness partners.**



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit [naminys.org](http://naminys.org)

# Girl Scout Summer Camp

## DAISY DAY CAMP

Special Camp Opportunities for our  
youngest Girl Scouts

**Camp Is-Sho-Da**  
East Greenbush

**Plushie Pals**  
July 8th - 12th

**C.A.M.P. Creative Adventures  
& Magical Possibilities**  
July 15th - 19th  
July 29th - August 2nd

Use your  
Cookie Dough  
and S'mores Club  
to pay for camp!

**Hidden Lake Camp**  
Lake George

July 15th - 19th  
**Forest Fairies**

**A First -Time Camp Experience designed especially for Daisies!**

**Daisies are placed in dedicated patrols with two camp staff  
for six campers.**

**Girl Scouts who were five years old as of December 1, 2023  
can attend Day Camp**

➤ **For a complete list of summer camp programs [click here](#)**

**Financial Aid is available. Application [HERE](#)**

# Ignite Her Flame

Ignite Her



Flame  
Offline

## Melanie Sawyer to Burn Bright as Special Guest at this Year's Ignite Her Flame

Ignite Her Flame, Girl Scouts of Northeastern New York's 4th annual fundraiser in support of camp & outdoor programming is moving offline this year and offering an **EXCLUSIVE EXPERIENCE** with Melanie Sawyer: 18th century historical reenactor, real-life forager, former model, reality TV star, wilderness skills instructor, baby wrangler, entrepreneur, and Girl Scout volunteer.

This previously virtual event will take place at [Hidden Lake Camp](#), in honor of the cherished property's 80th anniversary.

This 21+ event will feature:

- a wine bar
- buffet dinner catered by Barnsider Smokehouse BBQ
- Girl Scout traditions & sisterhood

The highlight of the evening will be an exclusive experience with Melanie Sawyer, as she regales guests with storytelling and engages them in her signature fire-building program. In 2023, Melanie was a fierce contender during ([Season 10](#)) of the [History Channel show, "ALONE"](#).



Check out her Intro Video from ALONE [HERE!](#)

The founder of [Thunderhawk Living History School](#), [Wild Foods](#) and [Wilderness Teas](#) also volunteers with her local Girl Scout troop in Essex County. Read about her wild life in the March/April issue of [ADIRONDACK LIFE](#) magazine.

*"Life off the grid is hard work but I wouldn't change it for the world, living in the mountains in nature is where I belong." --Melanie Sawyer*

Last year, Ignite Her Flame raised more than \$20,000 for camp and outdoor programming. Registration for this year's exclusive "offline" event closes on June 7.

For ticket options, visit [CLICK HERE](#)

Guests have the option of registering for the four-hour evening event only, or of staying overnight at camp after the event, with a continental breakfast and optional service project the next day.

Questions about the event? Contact Fund Development [HERE](#).

# 518 Day Of Giving

**girl scouts**  
of northeastern  
new york

**SAVE THE DATE**



**MAY 18, 2024**



**DAY OF GIVING**  
Powered By United Way of the Greater Capital Region

**518Day.org**

We need your help! Please join our campaign and help us reach our goal! We need you to tell your friends and family members about the important work we do and ask them to join us in helping to make a difference. On May 18, visit [518day.org](https://518day.org) and make a donation to us and/or to any of the great participating nonprofit organizations. All giving will end at 11:59PM on May 18, so make sure to get your gift in on time!

## Hannaford Community Bag Program

Girl Scouts of Northeastern New York have been selected for Hannaford's Community Bag Program at the Delmar location for the month of May! We have been selected again by the Store Leadership Team as a Hannaford Community Bag Program Nonprofit Partner! This time, our organization will receive \$1 for each \$2.50 reusable Community Bag sold during the month of May 2024 at 180 Delaware Avenue, Delmar NY.



This bag is pure *Magic*

**Hannaford**

Make some magic in your community by purchasing a reusable Community Bag. Every time someone buys this \$2.50 Community Bag at our selected Hannaford, our organization will receive a \$1 donation.

[hannaford.2givelocal.com](https://hannaford.2givelocal.com)  
Community Bag Program



# Volunteer Dinners



## Join us at our 2024 Volunteer Appreciation Dinners!

All registered adult members of Girl Scouts are welcome to join us at one of our volunteer dinners.

All dinners run from 5:30 pm to 8:30 pm.

Register for your choice of dinner [HERE!](#)

Not a volunteer? You can still attend, for \$30, or register with Girl Scouts, for \$25!

### North Country Volunteer Dinner

June 12

Butcher Block  
15 Booth Drive  
Plattsburgh

### Central Region Volunteer Dinner

June 17

Fort William Henry  
48 Canada Street  
Lake George

### Capital Region Volunteer Dinner

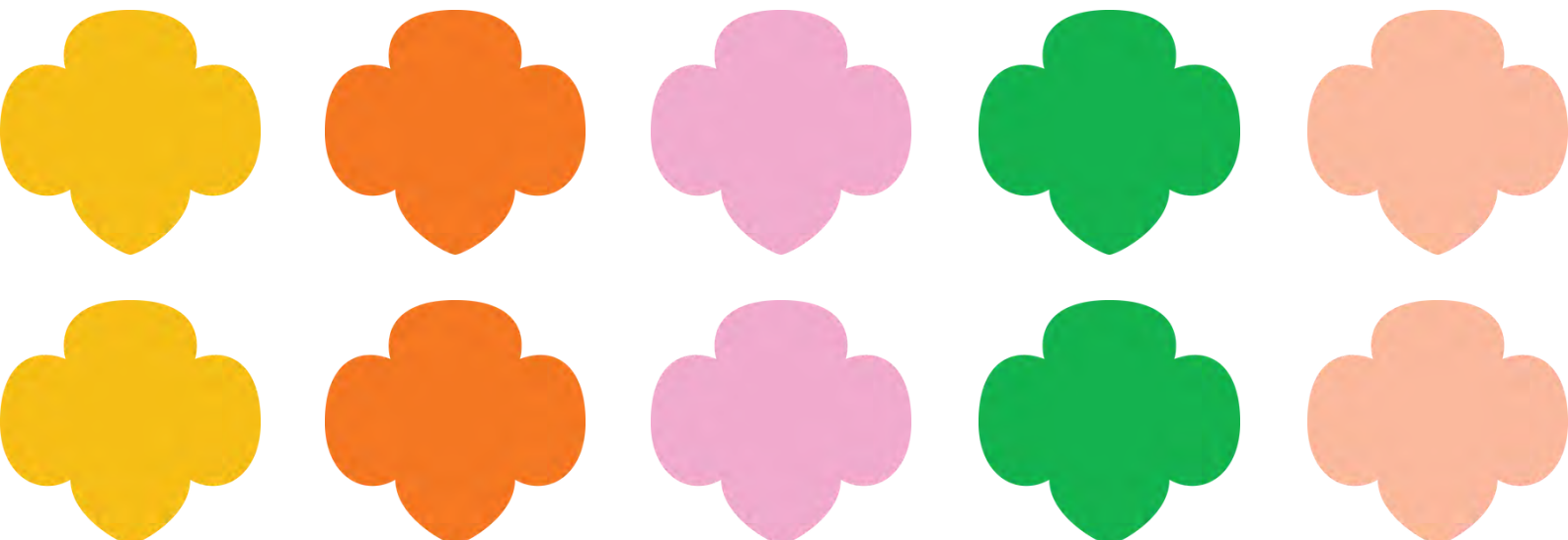
June 18

Albany Marriott  
189 Wolf Road  
Albany

Don't forget! There's still time to nominate leaders and volunteers for our Volunteer Appreciation Dinners!

To nominate a deserving volunteer, go [HERE!](#)

Nominations end on May 19th at midnight.





# Calling all former Girl Scouts!



**If you were ever involved in Girl Scouts we'd love it if you could fill out our survey!**

By filling out our survey, you have the opportunity to share your unique Girl Scout story and reflect on the moments that have stayed with you through the years.

Your feedback will not only help us understand the impact of Girl Scouts on individuals but also inspire the next generation of young girls who are embarking on their own Girl Scout journey.

Girl Scouting isn't something you do—it's a piece of who you are. Your experiences, skills, and memories are all part of what makes you the incredible person you are today. Your memories of camping trips, earning badges, volunteering in your community, and making lifelong friendships are all testaments to the positive impact of Girl Scouting.

Thank you for being a part of the Girl Scout sisterhood and for contributing to the legacy of courage, confidence, and character that defines the Girl Scout experience.

Your voice matters, and your story is a valuable piece of the rich tapestry of Girl Scouting history.

[CLICK HERE](#) to take the survey!

## *GSNENY Service Center Hours*

**9 am – 3 pm Monday – Friday**

Appointments are strongly recommended, to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time after 3 pm Monday through Friday.

Email [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org) to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[Click here](#)  
to shop online!**

**Girl Scouting builds girls of  
courage, confidence, and  
character, who make the  
world a better place.**

@GirlScoutsNENY | 518-489-8110 | [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)

**WWW.GIRLSCOUTSNENY.ORG**