GS EXPRESS

MAY 23, 2024

girl scouts of northeastern new york



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May S'Mores Learning



This month we are talking about Bridging!

Enjoy our S'Mores Learning video on Bridging your troop. Get some great tips and tricks. Presented by Kara Kelm, our volunteer engagement specialist.

Watch the video below!



Medal Of Honor

Girl Scouts of Northeastern New York (GSNENY) recently recognized Cadette
Amelia Juracka from Greenfield Center, who earned the Medal of Honor from Girl
Scouts USA for saving the life of a toddler who fell into a swimming pool.
Congratulations Amelia!









Outdoor Education Day



Join us for our Outdoor Education Day at Camp Meadowbrook! Registrants are invited to stay over on Friday night and join us on Saturday evening for a campfire and s'mores. We are hosting many classes such as blended outdoor skills, how to rent our camps, fishing, self-care, and much more! Your last chance to register for this great event is May 30th so you still have time! Register HERE

Capital Region Pride Parade



Join Service Unit 153 and other Girl Scout troops and Service Units at the Capital Region Pride Parade! The parade is on June 9th. All GS and families are welcome to join. This is not a drop-off event so please plan to stay with your people. The parade kicks off at 11:30 am and Coleen asks that everyone show up by 11 am. Find her red Toyota truck with a tent in the back bed in the line-up. Bring a bandana to wear on your head in a color of the rainbow. Feel free to bring bubble wands so everyone can find us. Coleen will try to secure water for this event but please bring a water bottle with you. If you have questions please contact Coleen at colkern@gmail.com. Information can also be found on our Capital Region Pride Page, HERE.

Early Bird Renewal



Hey Girl Scout, what an amazing year it's been! Now get ready for another one filled with unforgettable field trips, energizing community projects, and new passions to share with forever friends. Let's do it again.

CLICK HERE to see all the renewal incentives available!

Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

7 Ways to Be Respectful

(And a One-Step Trick to Getting More Respect From Others)



While respect should be second nature to us (Aretha made darn sure we knew how to spell it and practice it), there seems to be a major deficit of it in our world today. From mean tweets to cliquish behavior on the playground, respect is plainly overdue for a comeback. The good news is that you can play a big role in starting a respect revolution just by modeling respect for yourself and teaching your girl to follow suit.

Here are 7 simple ways you can teach your girl to be more respectful today:

READ MORE

GSNENY's Mental Wellness Page <u>CLICK HERE</u>



Resilient, Ready, Strong Patch Giveaway!

Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE! Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!

To get your patch, complete the requirements for your Girl Scout level (you can find those <u>HERE</u>) then fill out the form <u>HERE</u> to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last.

Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.







Contact the NAMI-NYS Helpline: (518) 245 - 9160 (M-F 8-3) or visit naminys.org

Girl Scout Summer Camp



Get Ready for Your Best Summer Yet!

Use your Cookie Dough and S'mores Club to pay for camp!

Camps are filling fast!
Don't miss out!

Hidden Lake Camp

Lake George

C.A.M.P. Creative Adventures & Magical Possibilities

July 7th - 12th
<u>Juniors</u>
<u>Cadettes</u>

July 21st -26th
<u>Juniors</u>
Cadettes

Lake Clear Camp

Saranac Lake

Camp Chefs

August 4th - 9th Juniors

C.A.M.P. Creative Adventures & Magical Possibilities August 4th – 9th <u>Juniors</u> Cadettes

Campers should register for the level of program which corresponds to their Girl Scout level in Fall 2024

Financial Assistance is available. Apply <u>HERE</u>

For a listing of all our summer camp programs <u>CLICK HERE</u>

Ignite Her Flame

Ignite Her



Melanie Sawyer to Burn Bright as Special Guest at this Year's Ignite Her Flame

Ignite Her Flame, Girl Scouts of Northeastern New York's 4th annual fundraiser in support of camp & outdoor programming is moving offline this year and offering an EXCLUSIVE EXPERIENCE with Melanie Sawyer: 18th century historical reenactor, real-life forager, former model, reality TV star, wilderness skills instructor, baby wrangler, entrepreneur, and Girl Scout volunteer.

This previously virtual event will take place at <u>Hidden Lake Camp</u>, in honor of the cherished property's 80th anniversary.

This 21+ event will feature:

·a wine bar

·buffet dinner catered by Barnsider Smokehouse BBO

·Girl Scout traditions & sisterhood

The highlight of the evening will be an exclusive experience with Melanie Sawyer, our Honorary Gold Award Recipient! She will regale our guests with storytelling and engage them in her signature fire-building program. Watch some of her empowering message below.

"You Are Enough"



"Younger Girls"



Last year, Ignite Her Flame raised more than \$20,000 for camp and outdoor programming. Registration for this year's exclusive "offline" event closes on June 7.

For ticket options, visit CLICK HERE

Guests have the option of registering for the four-hour evening event only, or of staying overnight at camp after the event, with a continental breakfast and optional service project the next day.

Silver and Gold Awards Ceremony

On Sunday, May 19th Girl Scouts of Northeastern New York held the Silver and Gold Award Ceremony, presented by NBT Bank. We were able to honor 52 Girl Scouts for their amazing projects. Each project helped the community in a different way and showcased our Girl Scouts strengths, passions and interests. We also gave out the Honorary Gold Award to Melanie Sawyer who is a Historical Forager, Reenactor, & Entrepreneur. She has been working with Troop 3602, of Southern Essex County to help the girls attain their Achievement Badges by learning about plant identification and wilderness survival.

Congratulations Girl Scouts! Read about each project all the Highest Award Projects <u>HERE</u>.









Volunteer Dinners



Join us at our 2024 Volunteer Appreciation Dinners!

All registered adult members of Girl Scouts are welcome to join us at one of our volunteer dinners.

All dinners run from 5:30 pm to 8:30 pm.

Register for your choice of dinner **HERE!**

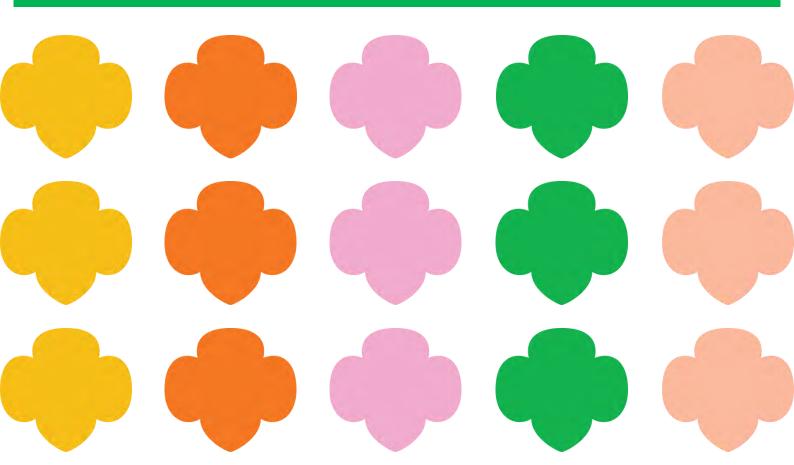
Not a volunteer? You can still attend, for \$30, or register with Girl Scouts, for \$25!

North Country
Volunteer Dinner
June 12
Butcher Block
15 Booth Drive

Plattsburgh

Central Region
Volunteer Dinner
June 17
Fort William Henry
48 Canada Street
Lake George

Capital Region
Volunteer Dinner
June 18
Albany Marriott
189 Wolf Road
Albany



Calling all former Girl Scouts!



If you were ever involved in Girl Scouts we'd love it if you could fill out our survey!

By filling out our survey, you have the opportunity to share your unique Girl Scout story and reflect on the moments that have stayed with you through the years. Your feedback will not only help us understand the impact of Girl Scouts on individuals but also inspire the next generation of young girls who are embarking on their own Girl Scout journey.

Girl Scouting isn't something you do—it's a piece of who you are. Your experiences, skills, and memories are all part of what makes you the incredible person you are today. Your memories of camping trips, earning badges, volunteering in your community, and making lifelong friendships are all testaments to the positive impact of Girl Scouting.

Thank you for being a part of the Girl Scout sisterhood and for contributing to the legacy of courage, confidence, and character that defines the Girl Scout experience. Your voice matters, and your story is a valuable piece of the rich tapestry of Girl Scouting history.

CLICK HERE to take the survey!

GSNENY Service Center Hours

9 am - 3 pm Monday - Friday

Appointments are strongly recommended, to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time after 3 pm Monday through Friday.

Email <u>customercare@girlscoutsneny.org</u> to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.







Click here to shop online!

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

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