

GS EXPRESS

MAY 9, 2024

girl scouts
of northeastern
new york



IN THIS ISSUE

We're Hiring Summer
Camp Nurses!
[Page 01](#)

Hidden Lake Birthday
Party
[Page 02](#)

Volunteer Dinners
[Page 03](#)

Early Bird Renewal
[Page 03](#)

Resilient. Ready. Strong.
[Page 04](#)

Girl Scout Summer Camp
[Page 05](#)

Ignite Her Flame
[Page 06](#)

The Brownie Smile Song
[Page 07](#)

Camp T-shirts And
Sweatshirts
[Page 08](#)

Calling all former Girl
Scouts!
[Page 09](#)

We're Hiring Summer Camp Nurses!



We're Hiring!
Summer Camp Nurses!
RN or LPN

Will consider
candidates
interested in both
positions, or partial
positions

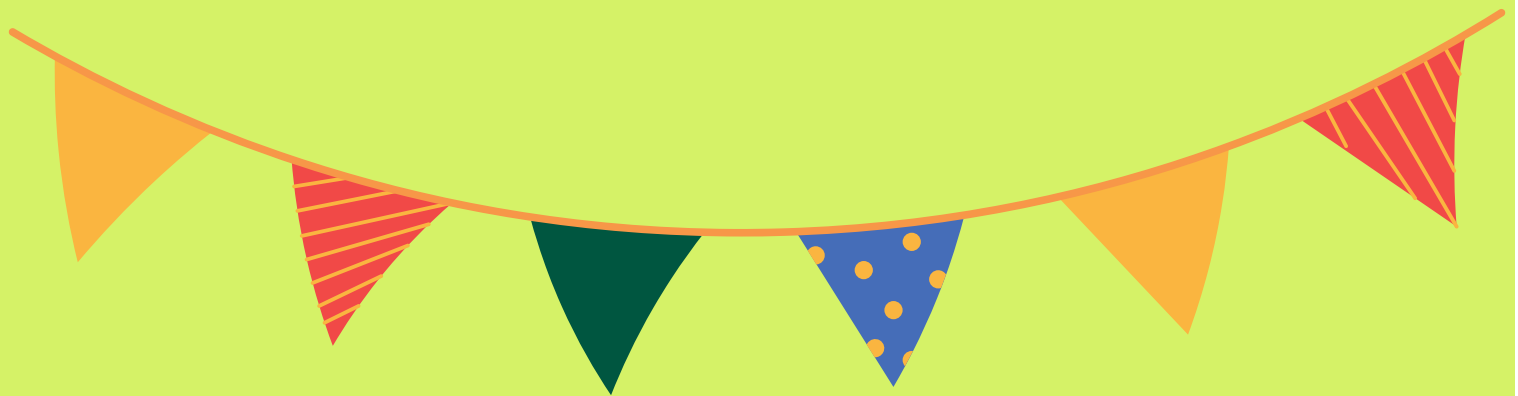
Hidden Lake Camp,
Lake George, NY
6/22 -8/2

Lake Clear Camp
Saranac Lake, NY
7/28 - 8/23

Click here for a full
listing of
[camp job openings](#)

**Please consider sharing
with your networks!**

Hidden Lake Birthday Party



YOU'RE INVITED

HIDDEN LAKE CAMP'S 80TH BIRTHDAY PARTY

THURSDAY

JUNE **20** 6:30 - 7:30

CAMP DINING HALL
1799 NY 9, LAKE LUZERNE NY

Join us as we celebrate eighty years of a beloved camp with an exhibit of memorabilia, assembled by the GSNENY archives committee, a presentation on forestry management by Forester Ben Pokon and, of course...birthday cake!

FREE EVENT

Wish Hidden Lake a Happy Birthday by purchasing an item from the Camp Wishlist or make a contribution to fund Access to Camp!

For more information contact:
customer care@girlscoutsneny.org 518.489.8110

girl scouts 
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new york

This program made possible by a grant from GSUSA and the Elliot Wildlife Values Project.

Volunteer Dinners



Join us at our 2024 Volunteer Appreciation Dinners!

All registered members of Girl Scouts are welcome to join us at one of our volunteer dinners.

All dinners run from 5:30 pm to 8:30 pm.

Register for your choice of dinner [HERE!](#)

Not a volunteer? You can still attend, for \$30, or register with Girl Scouts, for \$25!

North Country Volunteer Dinner

June 12

Butcher Block
15 Booth Drive
Plattsburgh

Central Region Volunteer Dinner

June 17

Fort William Henry
48 Canada Street
Lake George

Capital Region Volunteer Dinner

June 18

Albany Marriott
189 Wolf Road
Albany

Don't forget! There's still time to nominate leaders and volunteers for our Volunteer Appreciation Dinners!

To nominate a deserving volunteer, go [HERE!](#)

Nominations end on May 19th at midnight.

Early Bird Renewal



Your Year of
Adventure

[RENEW NOW](#)

Hey Girl Scout, what an amazing year it's been! Now get ready for another one filled with unforgettable field trips, energizing community projects, and new passions to share with forever friends. Let's do it again.

[CLICK HERE](#) to see all the renewal incentives available!

Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.



Kindness Is Her Superpower

“Young people sometimes think they have to be popular—at any cost—to have power, but it’s important that we teach our kids about the power of kindness,” says Girl Scouts’ developmental psychologist Dr. Andrea Bastiani Archibald.

“When you’re kind, not only do you get a boost of the brain chemical serotonin, which makes you feel happy and calm but so does the person you’re being kind to and all the people who witnessed that act of kindness get that same rush of feel-good hormones. So by taking the effort to do the thoughtful or compassionate thing, your girl can influence the mindset of a whole group of people.” [READ MORE](#)

GSNENY's Mental Wellness Page [CLICK HERE](#)

Upcoming Trainings for Volunteers, Caregivers and older Girl Scouts

Talk Saves Lives is a mental health education program of the American Foundation for Suicide Prevention that provides participants with a clear understanding and the most up-to-date research on suicide prevention, and what they can do in their communities to save lives. Participants will learn common risk factors and warning signs associated with suicide, and how to keep themselves and others safe.

FREE for Seniors, Ambassadors and Adults via Zoom

Three Opportunities:

[May 21st](#) or [August 22nd](#) or [October 23rd](#)

6:30pm - 7:30 pm

Register Now



Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

Girl Scout Summer Camp

FAMILY CAMPING

Lake Clear Camp
Saranac Lake, NY

August 18th - 20th

Join us for an unforgettable 3-day, 2-night adventure filled with everything magical about camp life. Our experienced team will lead your family through a fantastic array of guided activities, ensuring a camp experience you'll never forget!

Situated on 91 scenic acres of land on a peninsula on Lake Clear, just 20 miles from Lake Placid and adjacent to the St. Regis Canoe area, Lake Clear camp is surrounded by breathtaking state land in the Adirondack Park.

Get out on the lake in a kayak, rowboat, or canoe - or dive right into the pristine waters. Enjoy gaga ball and relay games on the playfield. Get creative with tie-dye, friendship bracelets and camp crafts. Savor delicious meals together in our cozy dining hall and gather 'round the campfire for sing-alongs, stories and s'mores!

If you're seeking a bit of quiet and solitude amidst nature, we've got that, too. There's ample time to explore on your own, spend quality time with loved ones, and make new friends.

Families will be assigned to rustic cabins, and lean-tos together.

At least one person per family must be a registered Girl Scout member.

Girl Scout Alumni welcome!

> [Register Here!](#)

lodging meals
& activities

\$195

per person

For more information contact customercare@girlscoutsneny.org

Ignite Her Flame

Ignite Her

Melanie Sawyer to Burn Bright as Special Guest at this Year's Ignite Her Flame

Ignite Her Flame, Girl Scouts of Northeastern New York's 4th annual fundraiser in support of camp & outdoor programming is moving offline this year and offering an EXCLUSIVE EXPERIENCE with Melanie Sawyer: 18th century historical reenactor, real-life forager, former model, reality TV star, wilderness skills instructor, baby wrangler, entrepreneur, and Girl Scout volunteer.

This previously virtual event will take place at [Hidden Lake Camp](#), in honor of the cherished property's 80th anniversary.

This 21+ event will feature:

- a wine bar
- buffet dinner catered by Barnsider Smokehouse BBQ
- Girl Scout traditions & sisterhood

The highlight of the evening will be an exclusive experience with Melanie Sawyer, as she regales guests with storytelling and engages them in her signature fire-building program. In 2023, Melanie was a fierce contender during ([Season 10](#)) of the [History Channel show, "ALONE"](#).



Check out her Intro Video from ALONE [HERE!](#)

The founder of [Thunderhawk Living History School](#), [Wild Foods](#) and [Wilderness Teas](#) also volunteers with her local Girl Scout troop in Essex County. Read about her wild life in the March/April issue of [ADIRONDACK LIFE](#) magazine.

"Life off the grid is hard work but I wouldn't change it for the world, living in the mountains in nature is where I belong." --Melanie Sawyer

Last year, Ignite Her Flame raised more than \$20,000 for camp and outdoor programming. Registration for this year's exclusive "offline" event closes on June 7.

For ticket options, visit [CLICK HERE](#)

Guests have the option of registering for the four-hour evening event only, or of staying overnight at camp after the event, with a continental breakfast and optional service project the next day.

The Brownie Smile Song



Passing Down the Legacy: The Joyful Echo of the Brownie Smile Song

By: Brenda Episcopo

In the heart of the serene Adirondack Mountains, amidst the whispering pines and rustling leaves, Katherine Rhodes fills the air with melodies that have transcended time. With a voice as pure as the mountain streams, she sings the Brownie Smile Song, a cherished tune that holds within its notes the echoes of a remarkable legacy. Katherine is not just the singer; she is the living embodiment of a family tradition that spans generations. As the great-

granddaughter of Harriet Fuge Heywood, the prolific author of the Brownie Smile Song, Katherine carries forward a musical heritage that is steeped in history and love.

The origins of this beloved song date back to 1923 when Holyoke Girl Scout officials approached Mrs. Heywood to pioneer a Brownie movement in their community. With a heart brimming with passion and a pen poised with purpose, Mrs. Heywood penned the lyrics, while her Brownies lent their voices to craft a melody that resonated with the spirit of camaraderie and joy.

Little did they know, their humble creation would become a timeless anthem, spreading its wings far beyond the boundaries of Holyoke. Mrs. Heywood's daughter, Isabel, carried the torch of Girl Scouting into her own family. Her son, Richard Rhodes, Katherine's father, became a faithful steward of the Brownie Smile Song, requesting its rendition before supporting the young entrepreneurs at their Girl Scout Cookies booths throughout his neighborhood.

In a heartwarming twist of fate, Richard's dedication to the song led to a surprise. When a group of Girl Scouts, unaware of the song's heritage, received Richard's request, they embarked on a journey of discovery. Through research and determination, they learned the song, flagged him down from their booth the next day and serenaded him with the song he held dear, complete with the gestures that had been passed down through the generations.

The Brownie Smile Song (cont'd)

This beautiful tale of intergenerational connection and the enduring power of music encapsulates the essence of Girl Scouting. Beyond the badges and activities lies a timeless tradition of passing down values, memories, and melodies that resonate across time and space.

As Katherine's voice reverberates through the Adirondacks, it carries with it the spirit of unity, joy, and the indomitable legacy of the Brownie Smile Song. In her song, we find a reminder that the bonds we forge and the stories we share are the true treasures that endure, lighting up our lives with the warmth of connection and the melody of love.

Learn the Brownie Smile Song [HERE](#)!

Camp T-shirts And Sweatshirts



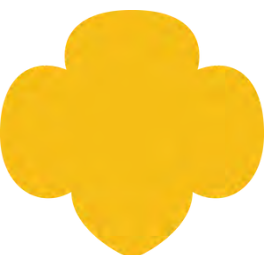
Pre-order for camp t-shirts and sweatshirts is now available!

Order your Hidden Lake Camp, Camp Is-Sho-Da, and Lake Clear Camp shirts now [HERE](#)!

This order form is for volunteers and Girl Scouts not attending camp. If you would like to order camp gear for your Girl Scout to receive at camp, please use the link provided in your camp confirmation.

Deadline for orders is May 15th and they should be in at the end of June.

If you have any questions, please email storeorders@girlscoutsneny.org.



Calling all former Girl Scouts!



If you were ever involved in Girl Scouts we'd love it if you could fill out our survey!

By filling out our survey, you have the opportunity to share your unique Girl Scout story and reflect on the moments that have stayed with you through the years.

Your feedback will not only help us understand the impact of Girl Scouts on individuals but also inspire the next generation of young girls who are embarking on their own Girl Scout journey.

Girl Scouting isn't something you do—it's a piece of who you are. Your experiences, skills, and memories are all part of what makes you the incredible person you are today. Your memories of camping trips, earning badges, volunteering in your community, and making lifelong friendships are all testaments to the positive impact of Girl Scouting.

Thank you for being a part of the Girl Scout sisterhood and for contributing to the legacy of courage, confidence, and character that defines the Girl Scout experience.

Your voice matters, and your story is a valuable piece of the rich tapestry of Girl Scouting history.

[CLICK HERE](#) to take the survey!

GSNENY Service Center Hours

9 am – 3 pm Monday – Friday

Appointments are strongly recommended, to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time after 3 pm Monday through Friday.

Email customercare@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[Click here](#)
to shop online!**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

WWW.GIRLSCOUTSNENY.ORG