

# GS EXPRESS

JUNE 6, 2024

girl scouts  
of northeastern  
new york



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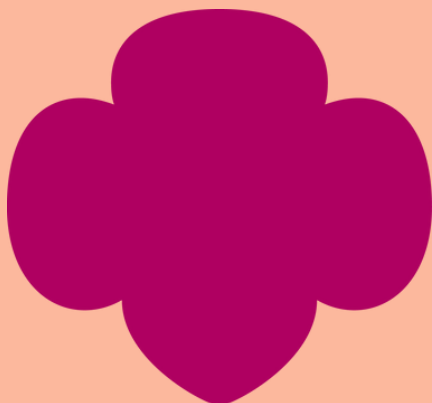
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## June S'Mores Learning

This month we are talking about Girl-Led  
Finances!!

Enjoy our S'Mores Learning video on Girl-  
Led Finances. Get some great tips and  
tricks. Presented by Meena Lee, our  
Director of Volunteer Services.

Watch the video [HERE!](#)



# Upcoming Girl Scout Programs

**Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!**

## **Lake Clear Open House 6/15/24 - 1:00 - 3:00pm - FREE**

Join us for the Lake Clear Camp Open House! Take a tour, meet some of the staff, and get excited for a great summer at camp!

## **Hidden Lake Camp Open House 6/20/24 - 6:00 - 8:00pm - FREE**

With just a few weeks till summer camp opens, join us for the open house! You will meet some staff, take a tour of the property, ask any questions you have and get excited for a magical summer!

## **Camp Is-Sho Da Open House 6/26/24 - 6:00 - 8:00pm - FREE**

With just a few weeks till summer camp opens, join us for the open house! Don't forget to register for camp buses if you are interested! Camp drop off and pick up lines can be long, riding a bus will help you avoid the traffic and have a easier pick up or drop off each day. All buses are listed in our event calendar and in the camp guide. Any questions please reach out! After June 17th, any buses with low registrants or no registrants may be canceled so if you are interested, make sure you register asap. Buses are only available for Camp Is -Sho-Da!

**Financial Assistance is available. [Apply here:](#)**

**For a full listing of upcoming camps and programs check out the [Program Guide](#) or [Calendar of Events](#)**



**Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)**

# Special Outdoor Training Opportunity

Volunteers can register for Ropes and Boats training in June alongside our Camp Team



## High and Low Ropes Course Facilitation

**June 30th and July 2nd**

**10:00am - 4:30pm (both days)**

**at Hidden Lake Camp, Lake George**

## Small Craft Safety

**July 5th**

**10:00am - 4:00pm**

**at Hidden Lake Camp, Lake George**

**Space is Limited!**

For a full list of upcoming training, programs and camps [click here](#)

## Early Bird Renewal



Your Year of

Adventure

Hey Girl Scout, what an amazing year it's been! Now get ready for another one filled with unforgettable field trips, energizing community projects, and new passions to share with forever friends. Let's do it again.

[CLICK HERE](#) to see all the renewal incentives available!

➔ [RENEW NOW](#) ➔



# Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

## Bad Day? Tell Your Daughter About It!

Ever had a day when absolutely nothing seemed to go right? We've all been there. Yet so often, when asked the seemingly simple question, "How was your day?" you likely tend to respond by telling people everything's fine—regardless of how hairy things have been. But that's exactly what you shouldn't do when it comes to your daughter. In fact, you should make a point to talk to her—in an age-appropriate way, of course—about the annoyances, disappointments, and other general crud in your day!

"Challenges and failures are a normal part of life," says Girl Scouts' Developmental Psychologist Dr. Andrea Bastiani Archibald. "And as parents and caregivers, it's important to raise our children—especially girls, who are so often steered away from negative feelings like anger, sadness, or frustration—to understand these experiences are to be expected, and negative emotions often totally appropriate. She needs to know it's OK and important to talk about them with the people we trust." [READ MORE](#)

## GSNENY's Mental Wellness Page [CLICK HERE](#)

### Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE! Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last.

Patch recipients must be current GSNENY members.

**Please join us in thanking our Mental Wellness partners.**



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit [naminys.org](http://naminys.org)

# Girl Scout Summer Camp




## TROOP CAMPING AT HIDDEN LAKE CAMP

July 28th – 30th



A great opportunity for troops new to camping, or campers not yet confident to attend camp on their own.

Gather your Girl Scouts for a 3-day, 2-night camp adventure like no other! Explore all that camp has to offer with our camp staff guiding you through a variety of engaging activities. Troops will be assigned to units together, and communal meals will be provided in the dining hall. Each unit will have the chance to cook a meal over a fire and everyone is invited to the closing night campfire for a sing-along. The camp team will work with each troop to customize their camp experience to their Girl Scout level and interest. Come join us for an exceptional Troop Camp experience, where adventure and bonding harmonize to create unforgettable memories!



Troop Adults do not need to have completed any camping training to attend, as activities will be led by camp staff. All adults must be background checked.

all levels

**\$195**  
per person

➤ [Register Here!](#)

# Ignite Her Flame

Ignite Her



Flame  
Offline

## Melanie Sawyer to Burn Bright as Special Guest at this Year's Ignite Her Flame

Ignite Her Flame, Girl Scouts of Northeastern New York's 4th annual fundraiser in support of camp & outdoor programming is moving offline this year and offering an **EXCLUSIVE EXPERIENCE** with Melanie Sawyer: 18th century historical reenactor, real-life forager, former model, reality TV star, wilderness skills instructor, baby wrangler, entrepreneur, and Girl Scout volunteer.

This previously virtual event will take place at [Hidden Lake Camp](#), in honor of the cherished property's 80th anniversary.

This 21+ event will feature:

- a wine bar
- buffet dinner catered by Barnsider Smokehouse BBQ
- Girl Scout traditions & sisterhood

The highlight of the evening will be an exclusive experience with Melanie Sawyer, our Honorary Gold Award Recipient! She will regale our guests with storytelling and engage them in her signature fire-building program. Watch some of her empowering message below.

### "You Are Enough"



### "Younger Girls"



Last year, Ignite Her Flame raised more than \$20,000 for camp and outdoor programming. Registration for this year's exclusive "offline" event closes on June 7.

For ticket options, visit [CLICK HERE](#)

Guests have the option of registering for the four-hour evening event only, or of staying overnight at camp after the event, with a continental breakfast and optional service project the next day.

Questions about the event? Contact Fund Development [HERE](#).



# Valley Cats Girl Scout Night

Thursday, July 25th

## ***Girl Scout Night!***

**6:30 PM @ "The Joe!"**



**\$17.00 Premium Box, Hot Dog & Soda**

**\$15.00 Reserved Box, Hot Dog & Soda**

**\$13.00 Grandstand, Hot Dog & Soda**

**\*Includes \$2 Donation to Girl Scouts of NENY\***  
**Commemorative Patch Additional \$2**



**VS.**



**Call 518-629-2287 today to order tickets!**

**Or Visit <https://bit.ly/GroupPortal24> and enter password girlscouts**



## *GSNENY Service Center Hours*

**9 am – 3 pm Monday – Friday**

Appointments are strongly recommended, to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time after 3 pm Monday through Friday.

Email [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org) to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[Click here](#)  
to shop online!**

**Girl Scouting builds girls of  
courage, confidence, and  
character, who make the  
world a better place.**

@GirlScoutsNENY | 518-489-8110 | [customercare@girlscoutsneny.org](mailto:customercare@girlscoutsneny.org)

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