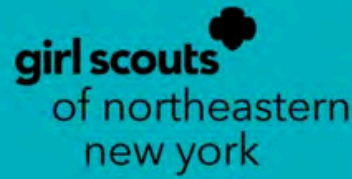


GS EXPRESS

JULY 11, 2024



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Cookie Program Town Hall



Join us Wednesday, July 24th at 6:00 for a Cookie Program Town Hall. We will be discussing this year's wrap-up, next year's mascot and rewards, what's new for next year, and more! You don't want to miss it!

Click [HERE](#) to register!



Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!



Girl Scouts love being outdoors during the summer so why not gear up for ultimate outdoor adventure with Girl Scouts Love the Outdoors Challenge! Whether it's hiking or stargazing, there's an adventure waiting for you. Start mapping out your summer plans and seize that limited-edition patch. Many activities you already do while being outdoors will complete parts of the patch. To learn more, download the activity sheet and discover how to get your patch [CLICK HERE](#)

GSUSA Destinations

Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts.

Push past your comfort zone by applying for a trip on your own, and make friends from all over the country as you travel with new Girl Scout friends. There's a unique, life-changing experience for everyone. [CLICK HERE](#) to learn more.



For a full listing of upcoming camps and programs check out the [Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

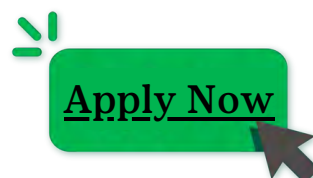
Join a Committee!

Make a difference!

Your expertise can propel our mission forward through any of these avenues!



- [Silver & Gold Award Committee](#)
- [Philanthropy Committee](#)
- [Camp Affinity Group](#)
- [Advocacy Committee](#)
- [Archives Committee](#)
- [Diversity, Equity, and Inclusion Task Force](#)
- ...and more!



Media Requests



Did your troop embark on an unforgettable adventure this year that we haven't heard about? We're all about celebrating those magical moments, so we're dedicating this summer to showcasing all your wonderful achievements. Don't be shy, we'd love for you to share your photos, videos, and stories with us [HERE!](#)

Just a friendly reminder, by sharing your media with us, you're granting GSNENY the permission to use your content in line with our [Media Release](#).

Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

5 Reasons to Let Her Get a Pet

Even if your girl hasn't started pleading for a puppy, a kitten, or even a mouse, chances are, she will soon. The truth is that while pets are fun and exciting, they're also a huge, often years-long commitment. Just like any other member of your household, they'll need care and love, plus healthy food to eat, exercise, and regular doctor's visits. If you've got the



time and resources to add a furry (or scaly or winged!) friend to your crew, know that helping to raise a pet can have major benefits for your daughter as long as she's mature enough to handle it. Learn about all the ways getting a pet can help your daughter be her best—and then think about heading to the local shelter. Your daughter's new BFF is waiting! [READ MORE](#)

GSNENY's Mental Wellness Page [CLICK HERE](#)

Resilient, Ready, Strong Patch Giveaway!

Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE! Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!



To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last.

Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

Troop 1760 Goes to Washington

In March, Girl Scout Troop 1760 from Guilderland, NY, embarked on a whirlwind tour of Washington, D.C. They shook hands with Congressman Paul Tonko, strolled through the grand halls of the White House, and peeked behind the curtain of government sessions. They teamed up with the Center for Internet Security to champion online safety. But they didn't just take — they gave back, too, preparing meals for a local nonprofit. This journey was all about lighting the spark of leadership in the girls and strengthening their bonds through learning and shared experiences.



GSNENY Service Center Summer Hours

July 1st - September 2nd

9 am – 3 pm, Monday – Thursday

All in person meetings should be made by appointment during summer hours to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customercare@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[Click here](#)
to shop online!**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

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