

GS EXPRESS

JULY 25, 2024

girl scouts
of northeastern
new york



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Volunteer Dinner Survey



We appreciate your participation and feedback, as it helps us improve our events and make future gatherings even more memorable. Your input is invaluable, and we look forward to celebrating the spirit of volunteerism with you at the 2025 Volunteer Dinner. Thank you for your continued support and dedication!

[CLICK HERE](#) to complete the survey regarding the 2025 Volunteer Dinner.

Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!



Girl Scouts love being outdoors during the summer so why not gear up for ultimate outdoor adventure with Girl Scouts Love the Outdoors Challenge! Whether it's hiking or stargazing, there's an adventure waiting for you. Start mapping out your summer plans and seize that limited-edition patch. Many activities you already do while being outdoors will complete parts of the patch.

To learn more, download the activity sheet and discover how to get your patch [CLICK HERE](#)

Girl Scout Tree Promise

Have you checked out the GSNENY Forest Management Plan Page? There is a great deal of information for keeping our camp forests healthy. There is so much to discover about our cherished forests at our camp properties.

[CLICK HERE](#) to learn more and don't forget to checkout the Girl Scout Tree Promise that is a part of this special website page.



Get excited for Girl Scout Love State Parks weekend Sept. 14 and 15, 2024! Look out for more details in the August 1st issue of GS Express!

For a full listing of upcoming camps and programs check out the [Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

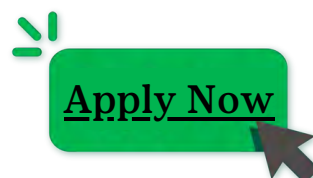
Join a Committee!

Make a difference!

Your expertise can propel our mission forward through any of these avenues!



- [Silver & Gold Award Committee](#)
- [Philanthropy Committee](#)
- [Camp Affinity Group](#)
- [Advocacy Committee](#)
- [Archives Committee](#)
- [Diversity, Equity, and Inclusion Task Force](#)
- ...and more!



Media Requests



Did your troop embark on an unforgettable adventure this year that we haven't heard about? We're all about celebrating those magical moments, so we're dedicating this summer to showcasing all your wonderful achievements. Don't be shy, we'd love for you to share your photos, videos, and stories with us [HERE!](#)

Just a friendly reminder, by sharing your media with us, you're granting GSNENY the permission to use your content in line with our [Media Release](#).

Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

One More Time for the Folks in the Back: **Jokes About Her Body Are Not OK**

Some people have a hard time with this one, insisting it's absolutely acceptable—especially within the family—to tease about the shape of a girl's tush, the size of her chest, her height, or her figure in general. But they seriously need a wakeup call. We're not saying anyone has meant any harm or has had bad intentions while kidding around like this. What we are saying is that these actions can cause harm and lead to lifelong issues related to self-esteem, confidence, body image, and emotional development. Basically, these jokes are the opposite of harmless. Still, we've all heard the excuses, so let's break them down (and then throw them in the trash, where they belong). [READ MORE](#)



GSNENY's Mental Wellness Page [CLICK HERE](#)

Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE! Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last.

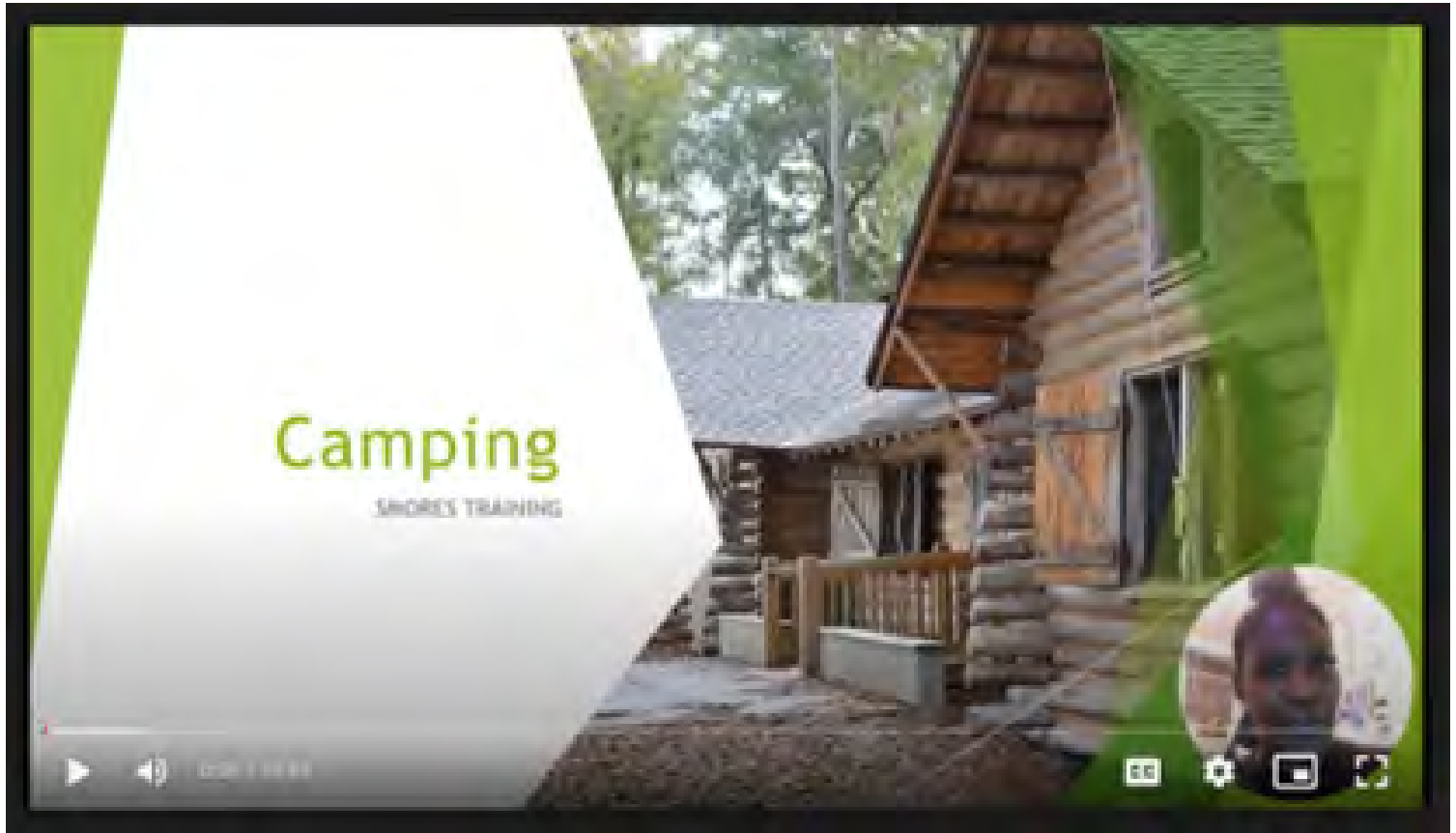
Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

S'Mores Learning - Camping



It's summer and your Girl Scouts probably want to go camping! But how? How we start planning and making sure our trips are girl-led?

Check out our July Camping S'mores Training, presented by Renee Lindo, our Volunteer Engagement Specialist.



We will be covering:

- Choosing a Destination
- Setting a Date and Duration
- Camping Checklists
 - Transportation
 - Meals and Snacks
 - Activities
 - Safety

And much more!

Check it out [HERE!](#)

Troop 3822 Bronze Award Project



GSNENY Service Center Summer Hours

July 1st - September 2nd

9 am – 3 pm, Monday – Thursday

All in person meetings should be made by appointment during summer hours to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customercare@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)
[to shop online!](#)**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

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