## **GS EXPRESS**

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girl scouts of northeastern new york



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## Volunteer Dinner Survey



We appreciate your participation and feedback, as it helps us improve our events and make future gatherings even more memorable. Your input is invaluable, and we look forward to celebrating the spirit of volunteerism with you at the 2025 Volunteer Dinner. Thank you for your continued support and dedication!

**CLICK HERE** to complete the survey regarding the 2025 Volunteer Dinner.

## **Upcoming Girl Scout Programs**

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!



#### Girl Scout Love State Parks Weekend

Calling all outdoor enthusiasts! The highly anticipated Girl Scouts Love State Parks Weekend is back! Circle September 14 & 15, 2024, on your calendars for a weekend filled with outdoor excitement. Secure your spot to earn an exclusive patch and share the joy with friends.

The following NYS Parks and Historic Sites will be offering special events for you to earn your special patch.

- Thacher State Park
- Saratoga State Park
- Grafton Lake State Park
- Point Au Roche State Park
- Peebles Island State Park
- Schoharie Crossing State Historic Site
- John Brown's State Historic Site

Watch for more details as they become available and <u>CLICK HERE</u> to discover how to get the patch and download this year's passport.



For a full listing of upcoming camps and programs check out the <u>Program Guide</u> or <u>Calendar of Events</u>

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110,

customercare@girlscoutsneny.org

### **Investiture Ceremony**



Join us as we celebrate and renew our commitments at the Investiture and Rededication Ceremony, happening from 6 to 8 pm on October 3rd at Camp Woodhaven.

We can't wait to see you there!

This is a FREE event but registration is required.

<u>CLICK HERE</u> to sign up!

# Flag Collection and Retirement Ceremony

Join Volunteer Services for a respectful Flag Retirement Ceremony this Veteran's Day. Got an American flag in need of retirement? Feel free to drop it off at any GSNENY Service Center before the end of October.

Register for the ceremony **HERE** 



## Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.



#### Make Her First Sleepover a Success

Slumber parties are the Most. Fun. Ever. And with summer camp in full swing, nearly every night is a giant slumber party. But is your daughter ready for a night away from home? Girl Scouts', Developmental Psychologist Andrea Bastiani Archibald has tips to help you send her off with confidence. Think back: Your memories of childhood sleepovers are likely filled with giggles, whispered promises of friendship, and so much

fun you begged to stay just a little longer when your parents came to pick you up. What you might not realize is that those experiences helped shape you into the resilient, confident, and generous woman you are today—and they can do the same for your daughter, too. <u>READ MORE</u>

#### **GSNENY's Mental Wellness Page CLICK HERE**

#### Upcoming Trainings for Volunteers, Caregivers and older Girl Scouts

Talk Saves Lives is a mental health education program of the American Foundation for Suicide Prevention that provides participants with a clear understanding and the most up-to-date research on suicide prevention, and what they can do in their communities to save lives. Participants will learn common risk factors and warning signs associated with suicide, and how to keep themselves and others safe.

FREE for Seniors, Ambassadors and Adults via Zoom
Two Opportunities Remain:

<u>August 22nd</u> or <u>October 23rd</u>

6:30pm - 7:30 pm

Register Now



Please join us in thanking our Mental Wellness partners.







### Sing Like A Girl Scout!



Meet the dynamic trio of Troop 5024 who are tuning up their talents for their Bronze Award. Their project? A harmonious digital songbook for Camp Is-Sho-Da. With video shoots scheduled all summer, we're ready to hit the high notes! Currently, their website is strumming along with 8 songs, with more set for an encore. Get a sneak peek at their specially designed shirts for the camp staff and their vibrant flyer! **CLICK HERE** to see what they've come up with so far!



## **Support Girl Scouts!**

"Other campers and staff pushed me to explore and try new things that I may not have done on my own. Today, I still push myself to try new things, no matter how hard it can be at times."

-- Former Girl Scout Camper





Will you help more girls unplug from technology and experience the empowering benefits of nature and the outdoors this summer?

Girl Scouts provides the digital detox that so many girls need. You can help provide every Girl Scout with progressive, outdoor experiences to build confident, capable, leaders.

Make a gift today!

In a survey of non-Girl Scout caregivers, nearly every mom identified the most significant childhood struggle as "too much time on devices." Video games and social media aside, youth are becoming increasingly sedentary from long school hours, reduced school recess periods, and in some cases, parents' concerns about their girls being able to play outside safely.





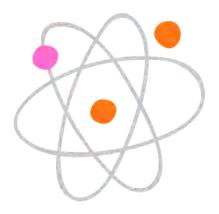
In 2023, Girl Scouts of Northeastern New York awarded \$22,516 in "camperships" so that Girl Scouts could attend camp. Within families with financial need, girls sometimes miss out on special experiences because they cannot afford the cost of transportation to day camp or a new bathing suit when the old one no longer fits. With your support, we can eliminate these financial barriers.

## STEM Playbook



The world of STEM is filled with endless opportunities to make a difference. From exploring computer coding and space exploration to building robots and solutions to problems such as climate change, girls are using STEM as a tool to change our world.

And you can help them make it all possible! Girl Scouts' new STEM Playbook is designed for anyone looking to encourage a love of STEM in girls of all ages. Whether you're involved with Girl Scouts or simply a supportive adult, the new STEM Playbook offers ideas, guidance, and access to resources and tools to grow girls' interest and skills in the field. Download the new STEM Playbook HERE and discover new ideas to help girls build the future with STEM.









#### GSNENY Service Center Summer Hours

July 1st - September 2nd 9 am - 3 pm, Monday - Thursday

All in person meetings should be made by appointment during summer hours to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email <u>customercare@girlscoutsneny.org</u> to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.







## CLICK HERE to shop online!

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

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