# **GS EXPRESS**

**AUGUST 15, 2024** 

girl scouts of northeastern new york



### IN THIS ISSUE

Flag Collection and Retirement Ceremony <u>Page 01</u>

Upcoming Girl Scout Programs <u>Page 02</u>

Investiture Ceremony Page 03

Hannaford Community Bag Program <u>Page 03</u>

Resilient. Ready. Strong. <u>Page 04</u>

National Make-A-Will Month <u>Page 05</u>

Girl Scouts Love State Parks <u>Page 06 - 07</u>

Troop 1085 - Woodworker Badge <u>Page 08</u>

The My Girl Scout Kit! Page 09



# Flag Collection and Retirement Ceremony



Join Volunteer Services for a respectful Flag Retirement Ceremony this Veteran's Day. Got an American flag in need of retirement? Feel free to drop it off at any GSNENY Service Center before the end of October.

Register for the ceremony **HERE** 

## **Upcoming Girl Scout Programs**

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!



Wild Center Weekend 8/30 - 9/1/24

Summer is coming to an end so why not have an unforgettable weekend experience at Lake Clear Camp? Start with a Friday evening campfire and then Saturday morning excursion to Wild Center in Tupper Lake for a private animal encounter and explore the treetops on the Wild Walk. Saturday afternoon, return to camp for an array of outdoor activities, including swimming and boating, outdoor skill development, and a chance to express your creativity with woodsy crafts.

<u>CLICK HERE</u> to register. Space is limited!

Summer She & Me 8/31 - 9/1/ 24

Enjoy one last summer weekend at Hidden Lake Camp! Spend an overnight with your female role model in one of the units and have dinner and breakfast together. Between meals you will play games, make crafts, and explore all that Hidden Lake Camp has to offer!

**CLICK HERE** to register. Space is limited!



For a full listing of upcoming camps and programs check out the <u>Program Guide or Calendar of Events</u>

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

## **Investiture Ceremony**



Join us as we celebrate and renew our commitments at the Investiture and Rededication Ceremony, happening from 6 to 8 pm on October 3rd at Camp Woodhaven.

We can't wait to see you there!

This is a FREE event but registration is required.

<u>CLICK HERE</u> to sign up!

# Hannaford Community Bag Program

The Troy Hannaford location, 9 Lord Avenue, Troy NY has selected GSNENY for their community bag program for the month of August. \$1 of every bag purchase will go council.

## Bring This Bag On All Your Adventures





Grab the best adventure bag at our selected Hannaford store during our benefiting month! Every purchase of this reusable \$2.50 Community Bag will send our organization a \$1 donation.

hannaford.2givelocal.com

Community Bag Program

## Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

### 5 Things She Needs for Back to School (That You Can't Buy at the Mall)

Today's back-to-school shopping lists might be more tech-focused than they were in your youth, much remains the same. Pocket folders are still adorned with kittens, unicorns, and super heroes and that fresh crayon smell is just as you've always remembered it. Beyond pencils, paper, and glue sticks, there are a few back-to-school essentials you won't find at your local big-box store, and that you can't even order online. Girl Scouts' Developmental Psychologist, Dr. Andrea Bastiani Archibald recommends adding these vital things to your girl's back-to-school checklist <u>READ MORE</u>



### **GSNENY's Mental Wellness Page CLICK HERE**

#### Upcoming Trainings for Volunteers, Caregivers and older Girl Scouts

Talk Saves Lives is a mental health education program of the American Foundation for Suicide Prevention that provides participants with a clear understanding and the most up-to-date research on suicide prevention, and what they can do in their communities to save lives. Participants will learn common risk factors and warning signs associated with suicide, and how to keep themselves and others safe.

FREE for Seniors, Ambassadors and Adults via Zoom
Two Opportunities Remain:

August 22nd or October 23rd 6:30pm - 7:30 pm Register Now



Please join us in thanking our Mental Wellness partners.







## National Make-A-Will Month

August marks the beginning of National Make-A-Will Month, a month-long event dedicated to the importance of creating a plan for the future, not just for yourself and loved ones, but potentially for Girls Scouts of Northeastern New York as well.

We want to inform you of all the things a well-crafted estate can achieve.

#### **Security**

Creating your will allows you to communicate important financial decisions so you and your loved ones are prepared for what the future may hold.

Peace of mind: A will allows you to provide for the people you love, so they will always be supported.

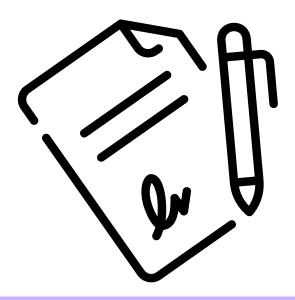
#### **Impact**

By including an optional planned gift in your will you can continue to support the causes you believe in.

We have partnered with <u>FreeWill</u> so that you can make a will for free! <u>CLICK</u>

<u>HERE</u> to write your free will. Freewill is an online will-writing tool you can use to create yours in less than 20 minutes.

Everyone needs a will and there's no better moment than now to find some peace of mind in planning for the future. While you're writing your will, you'll also have the opportunity to join the amazing people who have helped build girls of courage, confidence, and character, who make the world a better place by including legacy gifts in their wills.



## Girl Scouts Love State Parks



## Calling all Outdoor Enthusiasts!

Girl Scouts Love State Parks Weekend is Back. September 14 & 15, 2024

Choose to attend your nearby State Park or check out the list of NYS Parks hosting events within our Council below.

All events are free but, parking and park entrance fees may apply.



9/7/24 - 10:00am - 12:00pm - <u>Saratoga State Park</u> - It's time to lead the way at your favorite state park and help create a better planet for all! How? Girl Scouts are invited to visit Spa Park for a self-guided trail clean-up. Gloves and garbage bags will be available at the Creekside Classroom for Girl Scouts to take on their favorite trail. Participants are invited to roast marshmallows over a campfire to celebrate their hard work. Marshmallows will be supplied! Passport Activity Sheets and Junior Naturalist booklets will be available to add fun to your adventure!

Thacher State Park - Annual Hawk Watch event on Saturday, 9/14/24 from 10am-3pm. Hikes are by reservation only, and are available at 11am, 12pm, 1pm, and 2pm. Reserve a special Girl Scout-only guided Hawk Watch hike to celebrate Girl Scouts Love State Parks Weekend by calling Thacher Nature Center at 518-872-0800. Campsites available at Thompson's Lake Campground for troops that would like to camp. There is no fee for the guided hikes, or for camping at Thompsons Lake Campground for Girls Scouts Love State Park weekend.

9/14/24 - 12:45pm John Brown Farm - Enjoy a guided woods walk, and talk about women's support of abolition, and Harriet Tubman and her particular woods woman and herbalist skills and ability to guide enslaved people through the woods to freedom. At 2:00pm we will see educator and actor Charmaine Crowell-White portray Harriet Tubman in a living history performance





# To order your GS Love State Parks patch or learn more about the weekend <u>CLICK HERE</u>

9/14/24 - 1:00 - 2:30pm <u>Grafton State Park</u> Susan B. Anthony House location: 2835 NY State Route 29; Greenwich, NY 12834 - During your visit to the Susan B. Anthony House you will rotate through 2 activity stations. One will offer the chance to talk/debate about voting and rights, and will be focused around the historical significance of Susan B. Anthony, but will also loosely cover women's suffrage and the importance of voting. The other activity you will take part in is a tree planting and "protest" sign painting for a fun photo opportunity. Space is limited contact Robert Siemski, <u>Robert.Siemski@parks.ny.gov</u>

9/14/24 - Schoharie Crossing State Historic Site - 10:30am Guided walking tour for discovering the history of the site, it's importance in NY state and our nation along with a hands-on shirt printing activity. We'd encourage Girl Scouts to bring a light-colored shirt to print on, so that they'll have a memento for the day. Groups can also plan for a picnic, and then explore the waters of the Schoharie Creek and Mohawk River via their own canoes/kayaks or take a bike ride on the Canalway Trail Bike path/Empire State Trail.

9/15/24 - 1:00 - 3:00pm Point Au Roche State Park - Calling all Girl Scouts! Join an Environmental Educator to explore all the ways trees make the world a better place, and how we can plant, protect, and honor trees to create a better future for the planet! You will fulfill the requirements for your 2024 Tree Promise patch and help Girl Scouts reach their goal of 5 million actions to address climate change! All ages are welcome. Registration (individual or troop) required by emailing <a href="mailto:kristin.collins@parks.ny.gov">kristin.collins@parks.ny.gov</a>.

You will also be eligible for the special Girl Scouts Love State Parks patch by participating in this event.

Questions? Contact CustomerCare@girlscoutsneny.org

## Troop 1085 - Woodworker Badge

Troop 1085 turned a half-day of school into a full day of adventure this past February! They headed to Curtis Lumber in Castleton, a perfect place to earn their Woodworker Badges. Curtis Lumber couldn't have been more splendid! They welcomed us with open arms, providing all the materials needed for each girl to craft her own toolbox. But the fun didn't stop there. Each girl also scored a t-shirt and tape measure! And to top it off, Curtis Lumber treated the troop to pizza, cookies, candy, and drinks. What a fantastic afternoon it was!













## The My Girl Scout Kit!

What's Special on www.girlscoutshop.com? The My Girl Scout Kit! My Girl Scout Kit is great for new and bridging Girl Scouts! AND For every \$60 purchase of qualifying merchandise, receive a free drawstring bag. Limit of 15 free bags per transaction. My Girl Scout Kit Bag(s) will be automatically added to your order once you have completed checkout. Offer good 8/12-8/25/2024



#### GSNENY Service Center Summer Hours

July 1st - September 2nd 9 am - 3 pm, Monday - Thursday

All in person meetings should be made by appointment during summer hours to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email <u>customercare@girlscoutsneny.org</u> to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.







# CLICK HERE to shop online!

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

WWW.GIRLSCOUTSNENY.ORG