

GS EXPRESS

AUGUST 21, 2025

girlscouts
of northeastern
new york



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Troop Update Form

Help make it easy for new and returning members by updating your troop information! This year, use our [Troop Update Form](#) to ensure your troop's information is current on MYGS, helping new Girl Scouts find you!

Please complete the form with your co-leaders, as accurate information helps us place new girls and keep your troop details correct.



Troop Update

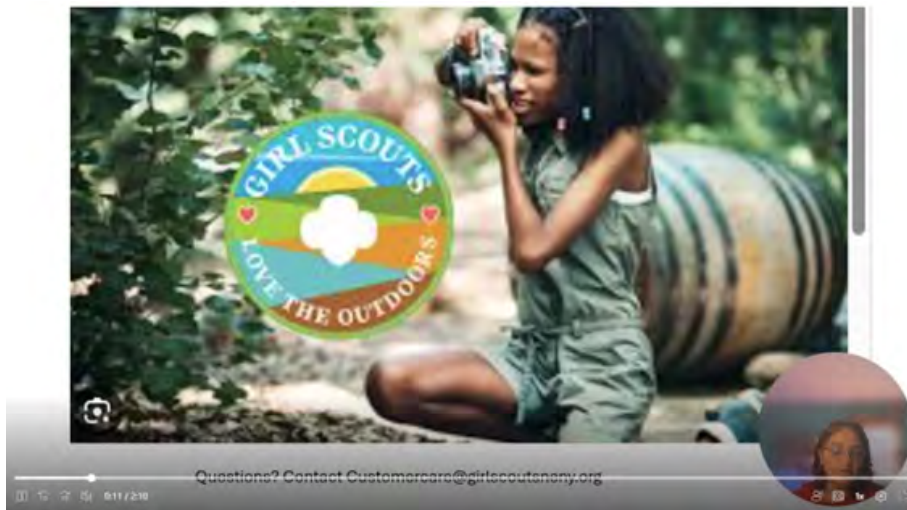
2026 Membership Year

Start off your year right!

S'more Learning - Camping Part 3

Join us for the third chapter of our 8-part S'Mores Learning journey! Part 3: Setting a Date and Duration.

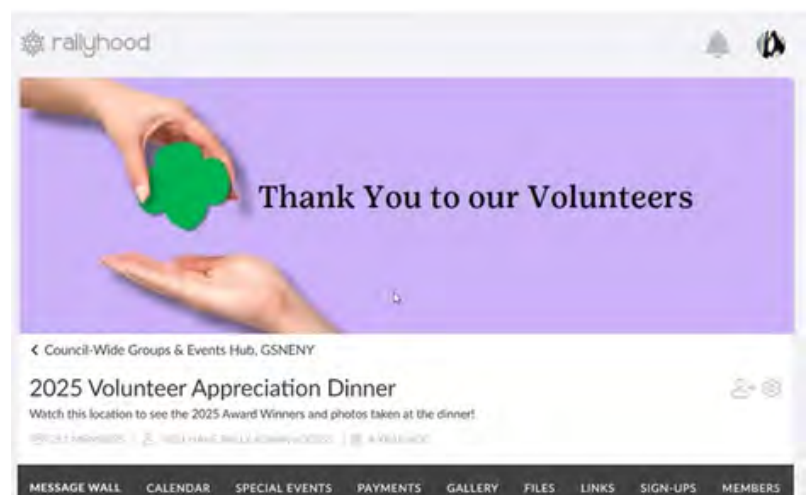
Watch “Setting a Date and Duration” - Camping Part 3 : [HERE](#)



How To Invite Members To Your Rallyhood Page

Watch this brief video to learn how to invite members to your Rallyhood page! You'll find clear, step-by-step guidance to ensure the process is smooth and easy. Whether you're planning a camping trip or another event, inviting members has never been simpler.

Watch “How To Invite Members To Your Rallyhood Page”: [HERE](#)



Troop Leader Learning



This free training provides a general overview of Girl Scouting, covering specific policies, standards, and guidelines GSNNY holds to each troop. This training is required for all new Troop Leaders, but all volunteers are encouraged to attend and are always welcome. We recommend all leaders take training every 3 years to ensure they receive the latest information and access to the newest resources! Multiple trainings are offered monthly, both in-person and virtually. Additional classes available upon request.

Register [HERE](#)

Property Rentals

Still looking for an escape to a beautiful place this summer? Lake Clear Camp has just opened up new rental dates for August! Immerse yourself in the breathtaking scenery and tranquil atmosphere of Lake Clear!

Register [HERE](#)!



Girl Scouts Love State Parks

It's time to lead the way at your favorite state parks and help create a better planet for all! How? By heading out to explore local state parks during this year's Girl Scouts Love State Parks Weekend! On September 13th and 14th, Girl Scouts can participate in self-guided tours, family hikes, watersports, stargazing, and more.

Thacher State Park and Taconic State Park will host exciting programs that weekend—check out the details below!



Thacher State Park will be hosting our annual Helderberg Hawk Watch

**Thacher State Park overlook
Saturday, 9/13
10 am-3 pm**

We will be leading guided hikes for Girl Scouts every hour.

Registration is required. Please call 518-872-0800 to register.

Taconic State Park in Copake Falls will be offering programs on Saturday and Sunday!

Saturday 9/13

9:30am @ Ore Pit Tweet & Fly

**1 pm Meet at Copake Iron Works, Walking
Bingo**

3:30 pm at Wading Pool Pond Explorers

7:00 pm at Ore Pit Movie in the Park

Sunday 9/14

**10 am at Pavilion Camp Crafts
(Boondoggle & bead bracelets)**



Girl Scouts Love the Outdoors

Are you diving into the Girl Scouts Love the Outdoors challenge and aiming for that patch? We'd love to hear about your adventure! Check out some examples and instructions [HERE](#) and make some videos. We'll feature some of them on our social media pages. We're excited to see your creativity!

Let's create inspiring, outdoor-focused content that celebrates Girl Scouts Love the Outdoors and builds community engagement!

You can submit your photos and videos [HERE](#)



Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

Body Appreciation Build Confidence. Practice Self-Care. Celebrate You

Girls as young as 5 years old report hearing the women in their lives talk negatively about the way they look, something that becomes more prominent as they get older.

The new GSUSA Body Appreciation badge line is all about helping girls see their bodies in a whole new way. It guides Girl Scouts to appreciate everything their bodies can do—from breathing and thinking to running, dancing, and creating. Through fun, age-appropriate, and progressive activities, Girl Scouts build confidence, practice self-care, and start lifelong habits that support both physical and emotional well-being.



This program, available for Girl Scouts K-12, was co-developed with expert advisors, including leading mental health and youth development organizations, and shaped by insights from a national pilot with troop leaders and Girl Scouts. Check them out in VTK or learn more [HERE](#)

GSNENY's Mental Wellness Page [CLICK HERE](#)

Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last. Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

Woodswomen

We proudly celebrated 14 dedicated Girl Scouts who achieved the esteemed Woodswoman rank during a heartfelt ceremony at Camp Is-Sho-Da. This significant milestone honors six years of dedication to outdoor skills and environmental care. To earn the Woodswoman Patch Series, these Girl Scouts eagerly engaged each year in hands-on camp adventures, from building fires and cooking over open flames to hiking, tent care, and exploring pond ecology. The series consists of a patch earned at the end of each year, marking their journey.



The MY26 Program Guide is Here!

Bringing people together to make new friends and try new things is what Girl Scouting does best! Girl Scout programs have something for everyone. We've planned a full year of exciting programs for all levels focusing on the pillars of STEM, Outdoors, Lifeskills and Entrepreneurship – and more!



A whole year's
programming at
your fingertips!

Check out the [NEW MY26 Program Guide](#) for exciting opportunities for Girl Scouts to try new experiences, expand their horizons and have fun! Our programs center around helping girls discover their passions, learn new skills, engage in their communities, and improve their world. Non-members are welcome too so feel free to bring a friend!

Register online or call or email Customer Care:
customercare@girlscoutsneny.org or 518.489.8110

Find programs here!

[Year Round Programs](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for year-round programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

Financial Assistance if available for year-round programs in our Council.

To learn more or apply, click [HERE](#)

NEW! Body Appreciation Badges



Big news—we just launched new Body Appreciation badge line for every grade level, from Daisies to Ambassadors! Whether they're wiggling, dancing, laughing, or learning to set healthy boundaries, these fun, age-appropriate activities help girls celebrate what their bodies can do and embrace who they are—inside and out. Girls will build lifelong habits that support emotional and physical well-being, while developing confidence, self-respect, and a culture of kindness. Made possible by Flamingo. Learn more

[HERE!](#)

Join a committee!



Whooo wants to join?

Joining a committee is a great way to contribute to specific areas you are passionate about!

Click below to see 'owl' about the committees.

- [Silver & Gold Award Committee](#)
- [Philanthropy Committee](#)
- [Camp Affinity Group](#)
- [Advocacy Committee](#)
- [Archives Committee](#)
- [Diversity, Equity, and Inclusion Task Force](#)
- ...and more!



GSNENY Summer Service Center Hours *July 7th - September 1st*

9 am – 3 pm, Monday – Thursday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customercare@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)
[to shop online!](#)**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

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