

GS EXPRESS

SEPTEMBER 19, 2024

girl scouts
of northeastern
new york



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MY2025 Program Guide



Members have asked for a full-year program guide and we heard you! As of 9/12, registration is open for all MY25 Council programs. You can check out the full-year guide [HERE](#)

Upcoming Girl Scout Programs

Have more fun learning, doing, and growing with these events, activities, and opportunities designed just for Girl Scouts, like you!



International Day of the Girl

October 11th marks the 12th annual celebration of the International Day of the Girl, (Child). The theme for this year is 'Girls' vision for the future' and is very connected to Girl Scouting and you as a person. Learn more about the activities you can do with your troop or Girl Scout by clicking [HERE](#). Then purchase your special patch for this year [HERE](#)

Gold & Silver

Cadettes, Seniors and Ambassador Troops did you know you can request your own private Highest Awards workshop by reaching out to Tess McCaffrey, tmcaffrey@girlscoutsneny.org.



Year-round Programs!

The year-round programs are available for registering on the Event Calendar found [HERE](#). There are many Outdoor Programs in October including the popular Fall She & Me along with Awards Workshops. The Society of Women Engineers at RPI are excited to offer badge programs and special programs in October & November.



For a full listing of upcoming camps and programs check out the [Program Guide](#) or [Calendar of Events](#)

Did you know? You can use your Cookie Dough or S'mores Club to pay for camps and programs! Contact Customer Care to check or apply your balance, or with any other questions 518.489.8110, customercare@girlscoutsneny.org

Flag Collection and Retirement Ceremony



Veteran's Day

Flag Retirement
CEREMONY

Come and participate in this unique and solemn ceremony.

- honor this symbol of freedom
- learn some history of the flag
- thank those who served
- make a memory with other Girl Scouts

5-6pm november 11
camp meadowbrook

Join Volunteer Services for a respectful Flag Retirement Ceremony this Veteran's Day. Got an American flag in need of retirement? Feel free to drop it off at any GSNENY Service Center before the end of October.

Register for the ceremony [HERE](#)

Investiture Ceremony

Join us as we celebrate and renew our commitments at the Investiture and Rededication Ceremony, happening from 6 to 8 pm on October 3rd at Camp Woodhaven. We can't wait to see you there!

This is a FREE event but registration is required.
[CLICK HERE](#) to sign up!



Investiture Ceremony

THIS SPECIAL CEREMONY IS AN INTRODUCTION AND WELCOME FOR ALL NEW MEMBERS OF GIRL SCOUTS OF ALL AGES.

October 3
6:30pm-8pm
camp woodhaven
registration required

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Resilient. Ready. Strong.

GSNENY's Commitment to Mental Health for all our members.

The Simple (and sane) After-School Schedule You'll Agree On



She wants to play video games, but you'd rather she was studying her times tables? An after-school plan doesn't have to be all work and no play! In fact, it's important to recognize that just like you've had an intense day at work, she's had a busy day at school and can benefit from some decompression time. Here's how to strike a happy balance and make everyone's evening a little easier.

"There's so much in life that we can't predict or control," says GSUSA Psychologist Dr. Bastiani Archibald. "Daily routines help kids feel safe, while teaching them the incredibly important skill of time management." And an after-school schedule might be the most important of all, since it'll ensure that she finishes school work, has time for a relaxed family meal, and actually gets to sleep at a decent hour. [READ MORE](#)

GSNENY's Mental Wellness Page [CLICK HERE](#)

Resilient, Ready, Strong Patch Giveaway!



Thanks to GSUSA and a generous donor, GSNENY is excited to offer the Resilient Ready Strong patch to Girl Scouts in our Council who complete the requirements for FREE! Life isn't always easy, but dealing with tricky emotions doesn't have to be so hard. Try activities from the Girl Scouts: Resilient. Ready. Strong. program to unlock a patch and strengthen your mental wellness. Nobody can snap their fingers and make the world all sunshine and lollipops, but you can take steps to be ready when things get tough. Go get 'em, Girl Scout!

To get your patch, complete the requirements for your Girl Scout level (you can find those [HERE](#)) then fill out the form [HERE](#) to claim your patch.

Patches can be picked up at the GSNENY service center of your choice. Available while supplies last.

Patch recipients must be current GSNENY members.

Please join us in thanking our Mental Wellness partners.



Contact the NAMI-NYS Helpline: (518) 245 – 9160 (M-F 8-3) or visit naminys.org

Girl Scout Program Spotlight

Each month in Girl Scout Membership Year 2025, the Girl Scout Experience team will highlight a few Girl Scout programs or celebrations we think will be of interest to members. The month before, we'll share information, and activity ideas to help volunteers and Girl Scouts plan at the troop level.



Celebrate Hispanic Heritage Month and earn one of the Girl Scout Multi-cultural Celebrations fun patches.

[Click here for the Hispanic Heritage Month Fun Patch activity guide!](#)

During Hispanic Heritage Month (September 15–October 15), we celebrate the countless contributions that Hispanic people and Latinos have made and continue to make in the United States. We honor the cultural richness of all people in the U.S. whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America. Girls and leaders have plenty of activities to choose from to earn this Fun Patch. And regardless of their specific ethnic heritage, they're sure to learn interesting new things.



Questions?

Message the team at

customercare@girlscoutsneny.org

If you have completed this patch, or others in the Multi-cultural Celebrations series and would be interested in speaking to the media about it, please message marketing@girlscoutsneny.org



Volunteer Conference

Nervous about coming back as a new leader? Looking to learn some new skills?

Renew your membership today and join us at our Volunteer Conference in November. Renew at www.girlscoutsneny.org

VOLUNTEER CONFERENCE

Participate in our annual Volunteer Conference, designed to delve into the resources available to our Volunteers, learn about topics important to your troop and meet your fellow leaders!

SAVE THE DATE

NOVEMBER 9, 2024

9AM-4PM

CAMP MEADOWBROOK | QUEENSBURY

MORE INFORMATION COMING SOON!

www.girlscoutsneny.org

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Troop Number Update

Attention all volunteers, we've made an update to how troop numbers are displayed based on your feedback! Troop numbers have now been simplified and will no longer include the leading '0'. From now on, all troop numbers will be a straightforward 4-digit format. Thank you for your input; it's your valuable insights that help us improve and make our system more user-friendly for everyone.

Hannaford Community Bag Program



The Hannaford locations in Delmar and Queensbury, NY have selected Girl Scouts of Northeastern New York for their community bag program for the month of September. \$1 of every bag purchase will go to council.

Hannaford locations can be found at:

180 Delaware Avenue, Delmar NY

190 Quaker Road, Queensbury NY

Troop 3874

Our spirited Troop 3874 from Argyle embarked on a memorable two-night camping trip to Hidden Lake. Every Girl Scout got to dip their toes into new and exciting experiences. From cozy camp nights and refreshing dips in the lake, to mastering kayaking and paddleboarding, they did it all. They explored nature with fishing and hiking trips, mastered the art of fire-starting, and enjoyed a good game of gaga ball. Friendship bracelets were made, scavenger hunts were won, and nature picture frames and rock paintings creatively brought to life. And let's not forget the gourmet twist to s'mores using chocolate chip cookies instead of graham crackers! They're already buzzing with anticipation to recreate these memories next year! And guess what? They even embraced a friendly challenge to beat the balance platform record. With determination in their eyes and teamwork at its best, our girls held steady for an amazing 21 minutes, beating the previous record!



Outdoor Education Weekend

SAVE THE DATE

ADULT OUTDOOR EDUCATION WEEKEND

COME SPEND TIME AT HIDDEN LAKE CAMP AND LEARN
THE SKILLS NEEDED TO BRING YOUR TROOP OUTDOORS!

- BLENDED OUTDOOR SKILLS
- LODGE ONLY CAMPING TRAINING
- BEYOND HOT DOGS AND MARSHMALLOWS
- KNIFE AND COMPASS SKILLS
- ENCAMPMENT DIRECTOR TRAINING
- FISHING, LAWS AND REGULATIONS
- MORE TO BE ANNOUNCED IN THE FUTURE

MAY 16, 17 & 18, 2025

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questions? customercare@girlscoutsneny.org

GSNENY Service Center Hours

9 am – 3 pm, Monday – Friday

All in person meetings should be made by appointment to ensure the person you wish to see will be available at the location you intend to see them.

Appointments are required any time outside of normal business hours.

Email customercare@girlscoutsneny.org to set up appointments with the staff member you need to meet with if you are not sure how to contact that person directly.



**[CLICK HERE](#)
[to shop online!](#)**

**Girl Scouting builds girls of
courage, confidence, and
character, who make the
world a better place.**

@GirlScoutsNENY | 518-489-8110 | customercare@girlscoutsneny.org

WWW.GIRLSCOUTSNENY.ORG